

Animals Wish to Awaken Your Heart and Soul Connection!

Animals are on a quest to awaken and enlighten your heart and soul connection. Animals have been watching your soul since before you were born—the animals with you now, animals from your past, animals in spirit, the wild animals, and the animal essences (also referred to as guides or totems) are all here to help you become what they already envision for you.

What do they wish for you and the rest of humanity? A world where you understand animals as well as people on a heart and soul level. A world where you embrace, utilize and share the messages and gifts from the animals, nature, and Mother Earth. The animals are a window to your soul and a doorway to your spiritual destiny. If you let them into your life and allow them to teach you, you will be better for it. The animals can show you the present, help you learn from the past, and propel you into your future. They can help heal you on a body, mind, and spirit level. The animals can reveal your soul path to align with and ignite your true soul purpose. They are here on a mission far greater than most even realize.

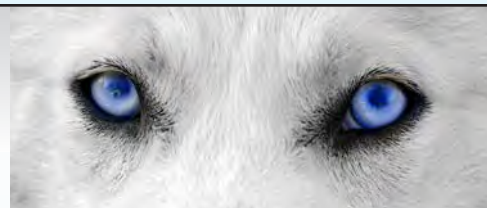
The wisdom of the animals can bring you love, joy, gratitude, clarity, and abundance to your life like never before.



Do you want to embark on this breathtaking journey with them to awaken and magnify your inner wisdom, divine light, and sacred connection to all? Here are some simple ways to get started:

- Ground yourself. Meditate and spend time in nature. Try to do this with your animals.
- Be aware of what you put on your animals, or surround them with. There are many toxic chemicals in pet, human, household, and lawn products. Use chemical-free products or create your own.
- Utilize Mother Earth's medicine chest, just like animals do in nature. Holistic animal care can help prevent illness and heal on a physical, mental, emotional, and spiritual level.
- Talk to your animals daily about how your day was, when you feel sad, your hopes and dreams, etc. Connect your heart to your animal's heart.

- Pay attention to the messages from wild animals. Are you seeing an animal repeatedly, in an unusual setting, or one you rarely see? Do an Internet search for that animal's energy and totem.
- Be aware of what's happening to Mother Earth and all living beings, including species loss and climate change. Know how this affects all life and act. Many amazing youths are taking a stand globally.
- Consider learning animal communication so you can communicate with all animals and nature. Everyone has this innate ability—it's just a matter of waking it up. When you learn how to do this, you can know what your animal is thinking, how you can help them, and how they can help you. You will understand then the life lessons they're trying to teach you. ■



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Kim Shotola

*Sacred Soul Communicator and
 Multidimensional Mentor of Light*

TheLightfootWay.com

(713) 822-4382

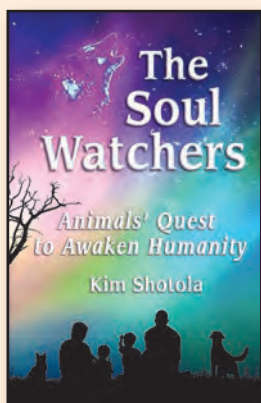
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Kim's book, *The Soul Watchers, Animals' Quest to Awaken Humanity*, looks in depth at the mission of the animals and how you can help them accomplish their heart-and-soul vision. Learn more at: TheLightfootWay.com/The-Soul-Watchers. Kim has offered life-changing classes and sessions since 2006.



Kim Shotola is a professional communicator, mentor of light, and author. Intuition students and retreat participants receive special Sunday articles.

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