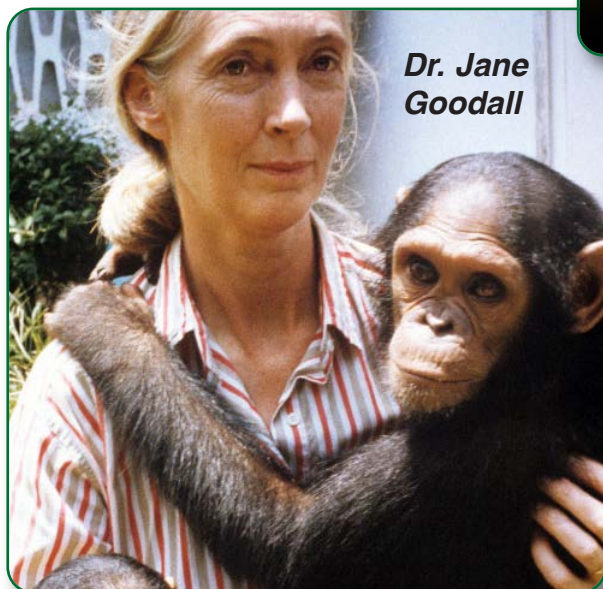


What Jane Goodall, Horses, and 2026 Are Here to Teach Us About the Divine Feminine

Kim Shotola is an Animal Communicator, Teacher and Facilitator



Dr. Jane Goodall

Jane Goodall has been on my heart since she passed last year. I've cried more than once—not just because the world lost an icon, but because her presence shaped who I am. I had the honor of meeting her and hearing her speak several times during my career at the Houston Zoo, and those moments still live within me.

Her legacy is profound. Her love for all animals—from chimpanzees to chickens, from her beloved dog Rusty to the horses she rode as a young girl—shaped how millions of us see the world. Jane didn't just observe animals. She connected with them. She listened. And she invited us all to do the same.

I visited the *Becoming Jane* exhibit, which

THE POWER WITHIN HORSE RETREAT



opened in a nearby town the same day she departed this earth. I've thanked her. I've spoken to her several times, as I truly believe her soul is still guiding, still teaching, still whispering encouragement to those of us who carry the torch.

Even the "Goodall Method"—her embedded observer approach—has revealed powerful insights into the nature of wild horses. She helped the world see animals as sentient, sovereign beings. That understanding lives on through all of us who walk with animals as teachers, healers, and sacred mirrors.

One of Jane's greatest messages was to have hope and shine our own light in the world. And that brings me here... Have you ever looked into the eyes of a horse and felt something stir inside you?

Horses carry a presence that is impossible to ignore. They are grounded, powerful, intuitive, and deeply connected to the rhythm of life. When we stand with them, we feel our own nervous system soften, our hearts open, and our true essence reflected back to us.

In a world that moves too fast, horses remind us to slow down, breathe, and return to what matters most. They offer healing without words and teach us how to live with awareness, courage, and freedom.



And this year, their wisdom will be especially important. Last July, horses and guides told me something powerful was happening next year—and that horses needed to be involved with helping people, especially women.

It wasn't until a few months later that I discovered that every 60 years a rare cycle returns—the Year of the Fire Horse. It is a time of transformation and rapid shifts, urging us to step more fully into alignment with our authentic selves. This year already has the energy of a bucking bronco, and this dramatic theme will become more and more apparent as we move forward.

Horses are natural healers. Their electromagnetic heart field is five times stronger than ours, which is why we feel so balanced and energized in their presence. They don't judge or force. Instead, they meet us as we are—and in that reflection, we discover who we are meant to be.

Through their presence, horses invite us to step out of the noise of daily life and into

a deeper rhythm. They show us how to live with integrity, awareness, and power. They remind us that true freedom isn't something we chase—it's something we embody. This is the power within the horse. In June, I am hosting **The Power Within Horse Retreat** in the mountains of Paradise Valley, Montana.

With the May horse retreat filled, the horses guided me to offer another opportunity. This four-day sacred journey is designed for a small circle of women who are ready to step into their next chapter with clarity, freedom, and strength.

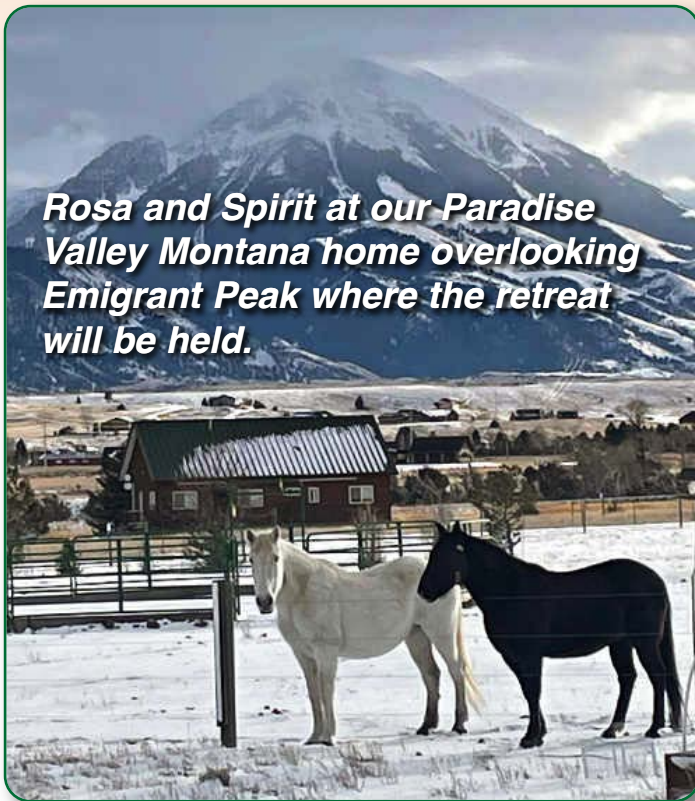
This is not a riding vacation or a workshop. It is a transformational experience—a chance to release what no longer serves you, awaken to your true essence, and step forward into your destiny.

Together with the horses, we will move through guided interactions, meditations, sacred ceremonies, and time in nature. You will experience their healing presence, their guidance, and their wisdom in ways that will continue to ripple through your life long after the retreat ends.



Kim Shotola is a professional communicator, mentor of light, and author. Intuition students and retreat participants receive special Sunday articles.

To receive Saturday articles, archive access, updates on classes and events, and gifts for readers, get on my email list at: TheLightfootWay.com/join-our-email-list. When you sign up, you'll receive my audio chakra meditation to help enhance your intuitive abilities.



Rosa and Spirit at our Paradise Valley Montana home overlooking Emigrant Peak where the retreat will be held.

To learn more and apply, visit [this page at TheLightfootWay.com](http://thispageatTheLightfootWay.com). No matter what path you walk, may you be inspired by Jane’s legacy—her courage, her compassion, and her connection. If you’re interested in a customized, private horse experience or retreat rather than in a small group setting, [contact me directly through our website](http://contactme directly through our website).

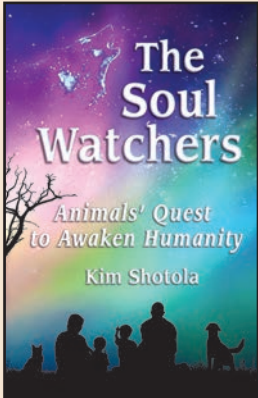
And may you begin to notice more deeply how animals—both wild and domestic—are reaching out to you. Teaching. Guiding. Whispering truths your soul has been waiting to hear... to help you embody the power within.

The invitation is always there. All you have to do is listen. May your light continue to grow for the benefit of all life. Please know you do make a difference in this world. ■

This is an intimate retreat for four women in a place that is so magical. If you’ve been waiting for a sign to step into your next chapter, this is it. The horses are calling. They are ready to walk beside you—to help you restore balance, reclaim your power, and embody the freedom that is already within you.



The horse is asking you to look deep within and see if this sacred experience is calling your heart.

Please know that I am happy to speak with you about how the power within the horse can help you alchemize your own power within.



The Soul Watchers
Animals' Quest to Awaken Humanity
Kim Shotola

Kim’s book, *The Soul Watchers, Animals’ Quest to Awaken Humanity*, looks in depth at the mission of the animals and how you can help them accomplish their heart-and-soul vision. Learn more at: TheLightfootWay.com/The-Soul-Watchers. Kim has offered life-changing classes and sessions since 2006.

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