

Editor's Corner



Well, today (Feb. 18th) finally looked and felt like winter. So far, it's mostly been warmer and dryer than usual here in the foothills of the Rockies. They say you need ten days of very frigid weather to stem the tide of the beetles hiding in the pines... It doesn't look like we'll get that this year...

Speaking of tidal waves, I'd say that's a good description of how AI has taken over in the last year. It's everywhere now, and we have two articles that explain about it—with a positive spin.

Mike Adams, the Health Ranger, recently noted, quoting a Google executive, that their AI machine learned Bengali (the language of Bangladesh), all by itself, having never been trained in this language. Mike calls this an "inflection point," whereby AI is now teaching itself from the "morphic field" of knowledge available "in the ether" to all—and now, apparently, to AI as well! You can read his eye-opening article, "The Cosmic Key to Self-Aware AI: Why 2027 Is the Inevitable Year," [HERE](#).

Have you heard of Methylene Blue yet? We're also doubling up on our coverage of this remarkable substance—first, with our main article on it, and then, since we're covering detoxing your home room-by-room, why not learn about using Methylene Blue for *internal detoxification*?

In this FULL issue, there's a lot more of interest to explore... My wife upgrades our favorite comfort food, **Banana Bread**, with a sugar-free and gluten-free recipe. The incredibly useful **Diatomaceous Earth** gets its final installment from Crystal. Lisa explores the spiritual aspects of **Fasting** with her offering for a guided fast during Lent. Dr. Arnie, in his ongoing series on our bodily systems, informs us about our amazing **Skin**. In our *Men's Corner*, we learn how to protect and preserve a healthy **Prostate Gland**.

And there's MORE! May your spring be wet. May your beetles be handled. And may AI not conquer the Earth! —ENJOY!

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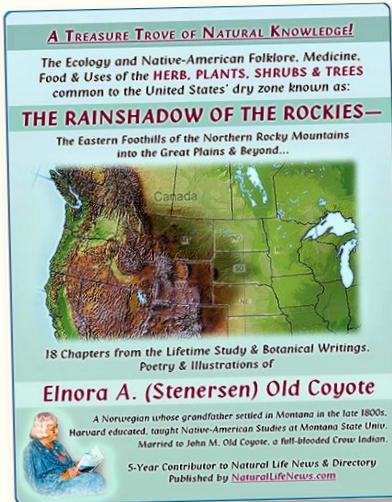
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"The Rainshadow of the Rockies"
Elnora A. (Stenersen) Old Coyote

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