

At some point, a strong idea and question popped into my mind. I can still hear that voice inside of me say, “Well, what is it in me, or in my brother, that has consciousness and awareness of seeing in the first place?”

At that point, something shifted in my consciousness. I was not asleep and was still aware of my being perched high up in that tree. I became aware of expansive space reaching out to the stars. I fixed on a dot of light far out in the heavens and watched it as it grew in size and came closer and closer and closer. (Decades before the intro images of the first *Star Wars* movie.)

That distant light became a fiery sun center of golden/pink and white light. When it reached a certain closeness but had not yet engulfed my immediate environment the word “BENESS,” in letters of living, pulsating fire, telescoped out from the surface of the sun center and entered my heart and chest area. There was no heat or physical sensation. It was not a branding that left a mark, but a quickening and sealing that tuned me to a spiritual awareness that has been with me all of my life.

I have had many experiences throughout my life that transcend the norm of our ordinary state of mind and sense of personal self. When I discovered the original “I Am” teachings of the Saint Germain Foundation and subsequent successor organizations, it was a confirmation of something I already knew—experientially within myself.

I have observed over the years that often, unless an individual has some type of inner, experiential grace, it is often difficult for them to go beyond being in a spiritual organization, whatever their teaching or mental tenants may be, and develop it in his/her heart as an internalized realization. To bridge that gap, lucid dreams and other visionary experiences can be profound windows of empowerment to access the gifts and talents of our Higher Christic/ Buddhistic natures that we may not fully realize in our day-to-day lives.

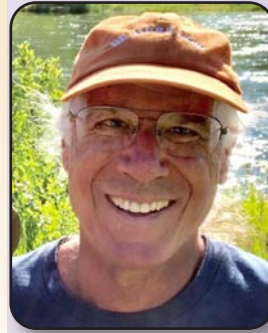
I would like to share an inner, visionary experience that I had when I was about eight years old... My family had recently learned that my older brother was color blind. He had his eyes tested for a learner’s permit to get a driver’s license, and we learned he could not differentiate between the red, yellow and green lights at traffic signals.

In my vision, I was comfortable in a familiar spot, high up one of two tall pine trees in the yard. I was thinking about my brother’s color-blindness predicament and about sight and color in general. I remember a succession of thoughts and questions that led to an altered state of consciousness... I mused, when I see red and someone else sees red, are we really seeing the same thing? Maybe we use the same word but see different colors? I imagined looking through my brother’s eyes and what he might see through them.

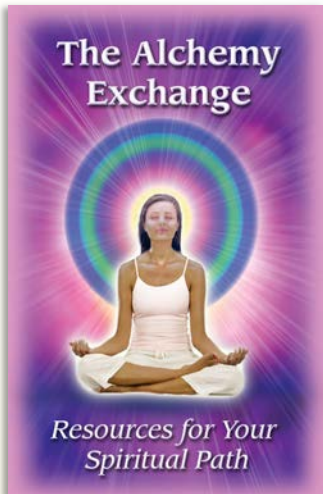
I encourage you to keep an inventory of your inner, spiritual experiences and to keep them active and alive in your consciousness. Meditate on them. Use them to tap into that Unity Field of your Christic and Buddhist heart and mind, and the fragrance of your service to life with them.

The highlight of the vision that I had at age eight, which I have re-experienced over and over, was of the sun center approaching from outside of myself and telescoping the word “Beness” in the letters of living, pulsating fire to my heart. An interesting thing about this experience is that it was not until I was in my forties that it occurred to me to shift my focus of the “Beness” aspect of this experience to right within my own heart. For me, that produced a profound shift in my personal, spiritual path. ■

*Beloved Reader—
Have a Happy and Prosperous New Year
of Self-Discovery and Self-Realization
in 2026!*



Raymond Ziemkowski is a native Montanan. He has been a student of many spiritual teachings since he was a teenager, often experiencing visionary dreams and insights. For most of his adult life, he has sold crystals, gems, and books spanning the esoteric teachings of the world religions. “Over the years,” he says, “I’ve listened deeply to the customers in my store. I consider the highest teaching and path, and the best book for them to be the one that guides them to the next steps on their spiritual path.” Raymond is a long-time member of [The Hearts Center Community](#).

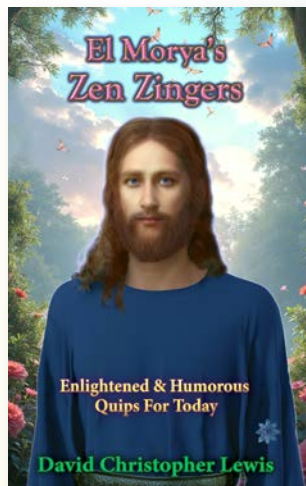


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