

Let's Get Serious About the God Star Sirius

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for The Hearts Center®



With billions of stars in our galaxy, is it even plausible that sentient life has singularly evolved only on our planet Earth? This article is also an introduction to my Spirit Matters class of July 24, 2025, presented on the Patreon platform with the above title. (See info at end of article to access this replay.)

BACKGROUND

Sirius is one of our closest stellar neighbors at 8.6 light-years from our Earth, and it is the brightest star in our night sky. Astronomers acknowledge that Earth's solar system is part of the more evolved system of Sirius, which revolves around the

Great Central Sun of our galaxy. It is theorized that the Sirian system may be one of twelve systems that revolve around a Great Central Sun (likely a massive black hole), the same way our precession of the equinoxes takes us through our zodiac. It takes 225 million years for this greater solar system to make a complete clockwise circuit around the Great Central Sun. In Hindu cosmology this is referred to as one year in the life of Brahman.

Modern astronomy has held that Sirius is a binary or double star, generally referred to as Sirius A and Sirius B. Sirius A is a vast low-density star and Sirius B a smaller extremely dense white dwarf. One cubic inch of

a white dwarf is estimated to weigh approximately 1.5 million tons! In 1995, astronomers revealed that there is also a third star Sirius C that is not visible to the naked eye.

The Dogon of Africa (some 700 years ago!) and ancient Egyptian cosmology have recorded the importance of Sirius A, B, and C and its relationship to our sun and planet Earth. The Dogon believed that Sirius B is the starting point of all creation and orbits Sirius A. In Egypt, Sirius was called the eye of Ra (creator). It was so important in ancient Egypt that its alignment was central in all of their temples. Sirius A was linked to the chief goddess Isis and Sirius B to their head god Osiris. Similar

alignments that highlight a relationship with Sirius are present in Mayan temples and in Machu Picchu, Peru.

I began my research for this class with what might seem an off-the-wall question to ChatGPT, “What events led mankind to accept that the Earth was round and when?” ChatGPT responded:

The acceptance of a round Earth (spherical in shape) was a gradual process that developed over many centuries. Here’s a timeline of key events and figures that led to widespread acceptance of the Earth’s sphericity. This is a summary of that timeline and key events:

In the Ancient Period (6th–5th Century BCE) • Early Greek philosopher Pythagoras is credited with proposing the Earth was spherical. Also, Parmenides and others began describing the Earth as round in systematic ways. In the 4th Century BCE, Aristotle offered observational evidence. He observed that the Earth casts a round shadow on the moon during a lunar eclipse and that travelers going south see southern constellations rise higher above the horizon.

In the Roman Era (1st Century BCE) • Knowledge of a spherical Earth continued, with writers like Pliny the Elder and Ptolemy accepting and elaborating on a spherical Earth.

Middle Ages (5th–15th Century CE) • Contrary to popular belief, educated people in medieval Europe such as Thomas Aquinas, largely accepted that the Earth was round in shape.

Age of Exploration (15th–17th Century) • Christopher Columbus (1492), though he underestimated the Earth’s circumference, he sailed west assuming a round Earth. And Ferdinand Magellan’s voyage (1519–1522) provided empirical proof of Earth’s sphericity by circumnavigating the globe.

Scientific Revolution (17th Century, Onward) • By the 18th Century, the spherical shape of the Earth was fully accepted by both scientists and the educated public, and eventually became foundational in modern science and navigation. ■

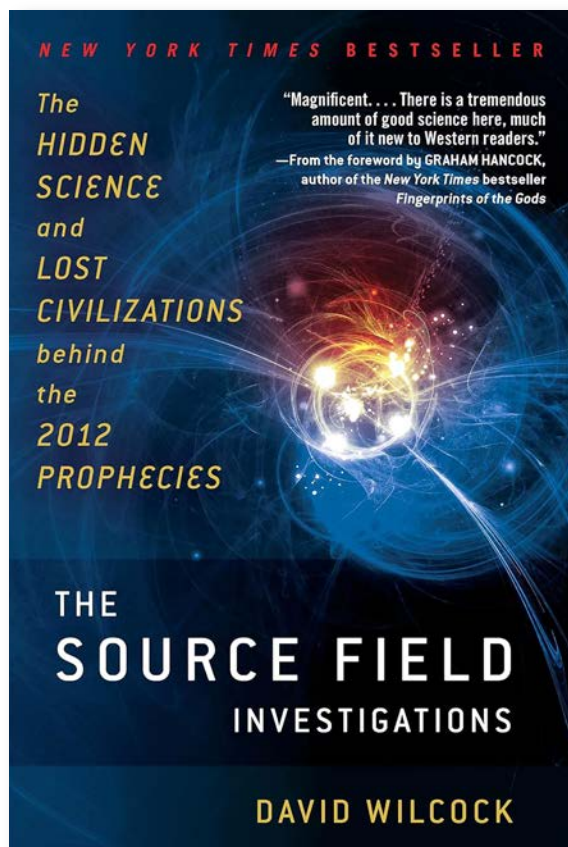
It appears that the early mystics and philosophers, such as Pythagoras 2600 years ago, had it right from very early on. The Earth was not flat but spherical/round. The religious and scientific power structures resisted this truth for centuries—until it was so obvious that the Earth was round to the general public, that the religious and scientific powers were forced to accept it.

Similarly, today the big question is: Is there life on other planets? And also, how did human life originate here on Earth? Again, it appears that the mystics and philosophers of today are way ahead of the religious and mainstream scientific communities, especially the

mainstream’s interpretation of ancient archeology and its suppression of evidence that Earth has been visited from outside our solar system.

With that background laid out, I would like to focus on research that David Wilcock has presented in his book *The Source Field Investigations: The Hidden Science and Lost Civilizations Behind the 2012 Prophecies* (published July 31, 2012).

I asked ChatGPT, what David Wilcox wrote about: “DNA information encoded in star light.” I had read this material some years ago and wanted to refresh my memory for this class on this topic. ChatGPT’s summary response was:



David Wilcock explores the concept of DNA information being carried and activated by light—what he refers to as the “DNA phantom effect”—in *The Source Field Investigations*.

In it, he posits that cosmic energy fields—encoded in star light and frequencies throughout the galaxy—carry blueprints for life, and can trigger evolutionary and spiritual transformations in DNA.

In fact, Wilcock discusses how photons might store and transmit genetic codes, enabling shifts in DNA structure via changes in frequency—what he calls the “DNA phantom effect.”

David Wilcock’s book presents a bold synthesis of alternative science, ancient wisdom, and speculative cosmology. One of his central claims is that DNA is not just a molecular structure shaped by chance evolution, but a conscious pattern encoded in the universe, transmitted and activated by light—especially star light and cosmic energy fields.

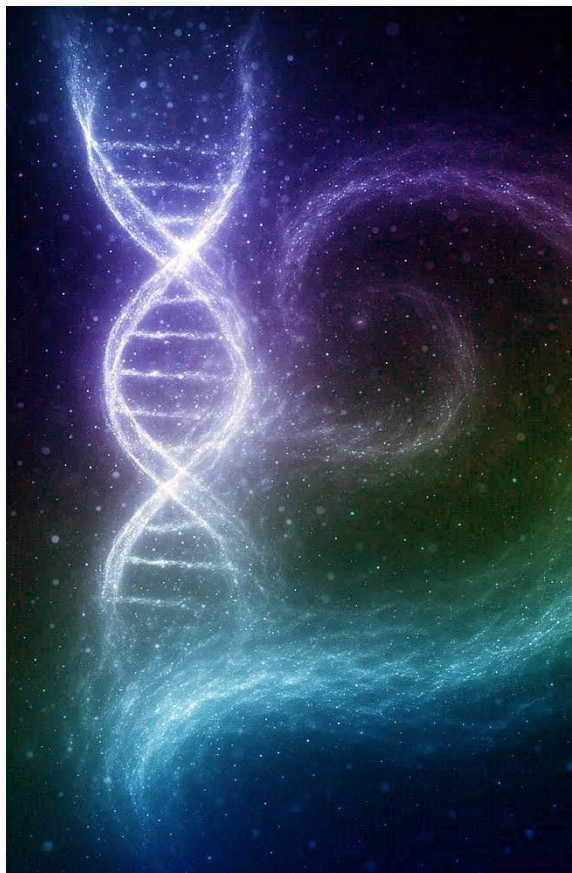
Here is a summary in five parts of David Wilcock’s theory about photon–DNA interaction and its role in cosmic and solar evolution:

1. The DNA Phantom Effect

Wilcock builds on the work of Dr. Peter Gariaev, a Russian biophysicist who claimed that:

- DNA can leave a “phantom” imprint in empty space, measurable by laser light even after the DNA is removed.

- This implies that DNA has a field-based or energetic blueprint—a kind of holographic or light-encoded template.



Wilcock interprets this as evidence that light (photons) carries genetic information and possibly intentional structure, beyond what is stored chemically in DNA.

2. Stars as Information Transmitters

He proposes that stars (including our Sun) are not just nuclear furnaces, but transmitters of intelligent energy:

- Light emitted by stars carries “source field” information that influences evolution, DNA activation, and consciousness.

- Solar activity—sunspots, solar flares—may correlate with periods of accelerated evolution, such as the Cambrian Explosion or sudden leaps in human development.

In this view, solar radiation seeds planets with encoded blueprints for life, guiding biological and spiritual evolution.

3. The Source Field

Wilcock uses the term “source field” to describe a universal energy matrix:

- It’s similar to what some traditions call the Akashic field, zero-point energy, or morphic resonance.

- He draws on studies in torsion fields, scalar waves, and quantum entanglement to argue that this field connects all matter and consciousness.

- DNA, in this field, functions as both a receiver and transmitter of energetic information across time and space.

This ties into the concept of “holographic DNA,” where each strand is part of a larger, universal pattern.

4. Evolution as a Cosmic Process

Wilcock argues against random Darwinian evolution and instead supports:

- Directed panspermia, where genetic material or informational blueprints are seeded across planets.

- A cyclical cosmology, where civilizations rise and fall in sync with galactic cycles and energetic influxes.

- Evolutionary “leaps” are timed with cosmic alignments or solar activity, not just random mutations.

This connects to 2012 prophecies and his belief in an impending awakening of human consciousness through solar and cosmic triggers.

5. Consciousness and DNA

- DNA is seen not only as physical matter but as a tunable interface with universal intelligence.

Meditation, intention, and spiritual practice may help align human consciousness with the “source field” and facilitate epigenetic or vibrational upgrades.

ChatGPT offered a Note on the Scientific Credibility of David Wilcock’s research:

While Wilcock’s work is imaginative and draws on real scientific terminology and some fringe research, mainstream science does not support most of his conclusions:

- The “DNA phantom effect” has not been widely replicated or validated.
- Evolutionary biology, astrophysics, and genetics do not recognize star light as carrying encoded DNA information.
- His theories are best viewed as speculative metaphysics or consciousness science, not established science.

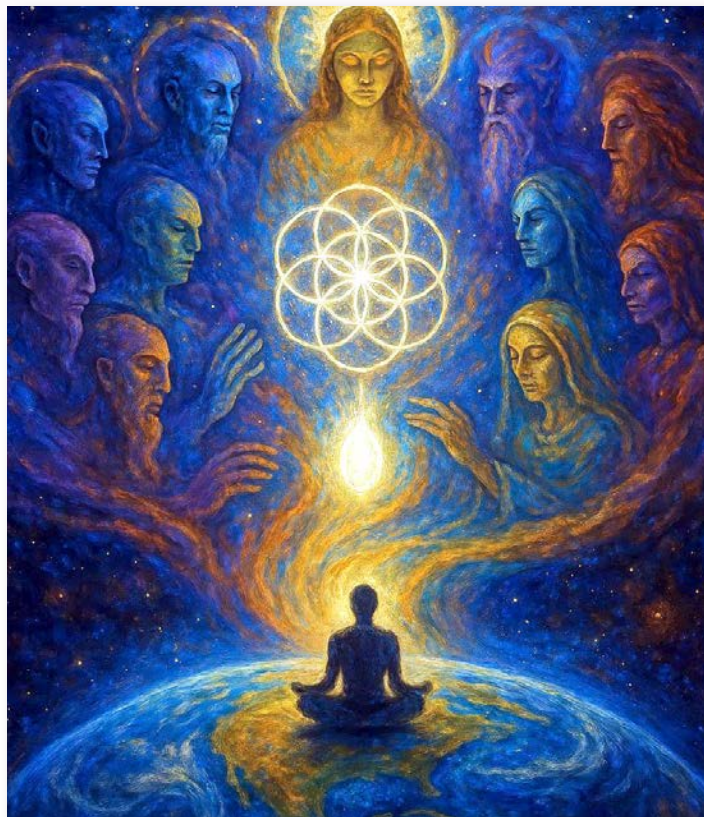
“Speculative metaphysics or consciousness science...”

That pretty much sums up how mainstream science and religion similarly dismiss the idea of intelligent solar and planetary evolutionary cycles and sentient life beyond our planet!

However, in spite of mainstream denial and censorship of evidence of life beyond our Earth, we will boldly go where the mainstream fears to tread and investigate mystic and author Tanis Helliwell and her book, *Decoding Your Destiny*.

Again, I prompted ChatGPT to refresh my memory of one my favorite books and topics that I read more than ten years ago. I asked ChatGPT to summarize Earth’s creation story as shared by mystic Tanis Helliwell.

The following outline is ChatGPT’s summarized version of the Earth’s creation story, as described in *Decoding Your Destiny*, drawing from her spiritually channeled and esoteric cosmology:



EARTH’S CREATION

STORY—A COSMIC COLLABORATION

A Galactic Council’s Decision

Earth was **not an accident**—it was a **planned Experiment** initiated by a **Council of Light Beings** (including the **Sirian High Council**, the **Pleiadians**, **Orions**, **Arcturians**, and others).

The goal: **create a planetary school** where souls could evolve by experiencing duality—light and shadow, form and spirit.

Seeding of Life

Multiple star races participated in the **seeding of Earth's life**:

Sirians brought knowledge, structure, sacred geometry, and spiritual law.

Pleiadians contributed love, creativity, emotional intelligence.

Orions and **Arcturians** offered wisdom, healing technologies, and timelines.

Earth was **encoded with multidimensional DNA**—not just physical evolution, but spiritual potential through choice and growth.

Human Beings as Divine Hybrids

Humans are described as **“cosmic hybrids”**—physical forms infused with divine essence.

Our DNA contains light codes from our **galactic ancestors**, which activate through spiritual evolution.

The Role of Free Will & Duality

Earth's uniqueness lies in its **radical free will** and **polarity system**.

Souls incarnate here to **learn mastery through contrast**—pain and joy, loss and reunion—ultimately returning to unity.

Earth became one of the **toughest yet most rewarding evolutionary schools** in the galaxy.

Fall from Higher Dimensions

Early human civilizations (e.g., **Lemuria** and **Atlantis**) once lived in **higher vibrational states**, guided by divine beings.



Over time, misuse of power and disconnection from source led to a **“fall” into denser realities**—causing spiritual amnesia.

The current human story is about **re-awakening**, reactivating our divine origins, and returning Earth to its original purpose. ■

That's quite a creation story! And it is just the tip of the iceberg of what Tanis Helliwell shares in her book on the role of Sirius in Earth's and mankind's evolution.

Is there life on other planets? And also, how did human life originate here on Earth? Of course, we have no empirical proof of specifics and details such as Tanis Helliwell shares in her creation story. But I believe that we are approaching a tipping point that will answer these questions in a broader sense.

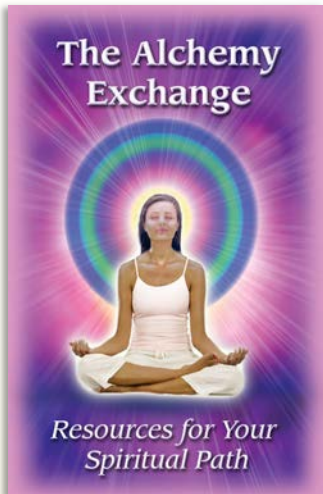
The mystics and visionaries of our time, along with AI (providing to the masses and general public easy access to hidden and suppressed historical and archeological proof of life beyond our planet) are answering these questions. At some point, the greater truth to the general public will be so obvious (like the recognition that the Earth is round and not flat) that the religious and scientific powers will be forced to accept it.

If Star Trekkies and the Marvel Comics are any indication, it would appear that a greater and wider spectrum of humanity is on the verge of acceptance that our Earth's humanity is not alone and that life is much more universal and abundant throughout the cosmos than a lonely Earth. ■

You can access the replay of this Spirit Matters class by becoming a subscriber on the Patreon platform for live, monthly classes from David Christopher Lewis, myself, and other presenters. There are various subscription options from free, to \$4, to \$11, to \$25/month, including replays of past classes. Check us out on Patreon [HERE](#).



Raymond Ziemkowski is a native Montanan. He has been a student of many spiritual teachings since he was a teenager, often experiencing visionary dreams and insights. For most of his adult life, he has sold crystals, gems, and books spanning the esoteric teachings of the world religions. "Over the years," he says, "I've listened deeply to the customers in my store. I consider the highest teaching and path, and the best book for them to be the one that guides them to the next steps on their spiritual path." Raymond is a long-time member of [The Hearts Center Community](#).

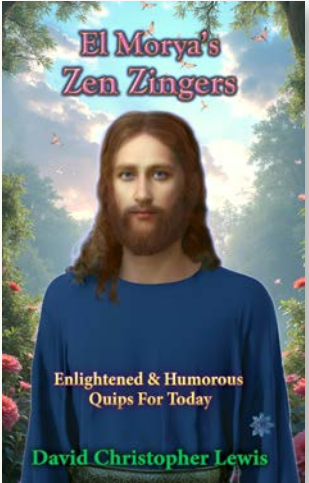


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