

# The Real Story Behind Young Living Essential Oils

Maria Low



## THE SEED TO SEAL STANDARD

The Young Living standard goes beyond testing— it starts in the fields. The land is carefully stewarded to ensure the soil nutrients align with the needs of the plants. These plants are selected not for their fragrance but for their ability to provide the necessary nutrients that will positively impact the health of both animals and humans.

Before harvest, a brix test is conducted to measure the essential oil content in the plant. The timing of the harvest is crucial and must be done during specific hours of the day based on test results. After harvesting, the plant material is taken to a distillery, where it's carefully processed, with the temperature and timing strictly monitored to extract the essential oils. [[Learn More Here.](#)]



Many people have asked about Young Living's purity/testing practices. We want to provide clear, transparent answers. With a strong foundation in scientific research and rigorous testing, Young Living goes beyond industry standards to deliver oils that not only meet but exceed expectations. As part of Young Living's ongoing commitment to excellence, they are committed to ensuring the highest quality and purity in every essential oil produced. This article will dive into how Young Living ensures that every essential oil is pure, therapeutic-grade, and safe—backed by independent lab testing and a deep dedication to its Seed to Seal® standards.

## INDEPENDENT LAB TESTING

Young Living has a long track record of using qualified, independent labs to perform testing for various reasons. When a new oil is introduced, Young Living's scientists research and test it to ensure if its distilled properly and that the molecular structure is balanced according to the specific cultivar selected. If necessary, the oil may be sent to another lab to confirm the results. (Very few labs in North America have the expertise to interpret results according to the strict Seed to Seal standards set by Young Living.)

While the Young Living Lab is equipped to meet these standards, to avoid any potential conflicts of interest or compromise, they still send products out for further testing. The results are kept in a secure area where ongoing testing batches are stored.

## FIVE GRADES OF ESSENTIAL OILS

It's important to know that there are five types of essential oils produced today:

1. **Synthetic Biology Oil** – Created through a bioengineering process involving synthetic DNA and fermentation by yeast, fungi, and enzymes, often with added fragrances to enhance cheaper oils.
2. **Synthetic or Nature-Identical Oils** – Made in a lab using petrochemicals (oil/natural gas).
3. **Extended Oils** – Usually sold for fragrance purposes and often contain added petrochemicals or altered oils.
4. **Natural or Certified Oils** – Oils that may pass basic testing but might not contain high therapeutic value. These oils could have been distilled at improper temperatures and/or in aluminum vats.
5. **Therapeutic-Grade Essential Oils** – Pure, organic, distilled oils that contain all the medicinal compounds, sourced from non-GMO plants. (YL uses only these.)



## YOUNG LIVING'S TESTING PROCESS

At Young Living farms, scientific equipment is used for primary testing to ensure that the oils meet the required qualities before being sent to the Young Living Labs for final testing and bottling. If the oils do not meet the Seed to Seal standards, whether due to adverse weather or other factors, they are not used, even if they come from our own farms.



Living remains dedicated to producing pure, therapeutic-grade oils.

## YOUNG LIVING'S RESEARCH & RESOURCES

Young Living has the most extensive library on essential oils in the world. All

records of plant research, distillation techniques, temperatures, and more are meticulously documented and stored for reference. Members can dive deeper into the journey of essential oils by attending Young Living's yearly conferences or Zoom meetings. Research papers presented to botanical and medical journals are also available on the Young Living website.

## WHY ESSENTIAL OILS MATTER

Essential oils are called "essential" because they are vital to plants, and they are just as important for humans. Essential oils are present in vegetables, grains, and fruits, and are released based on how they are prepared for consumption. Young Living essential oils are highly concentrated and can be used in a variety of ways, including in diffusers, food and beverages, supplements, and skincare products. These oils support overall health in countless ways.

Unfortunately, synthetic oils, which are chemically created to mimic the therapeutic properties of real oils, have become widespread in the market. Young

Young Living's commitment to quality is unwavering, and it takes great pride in providing its members with the purest, most effective essential oils available. Through rigorous testing, scientific research, and the Seed to Seal® promise, it ensures that every drop meets the highest standards of purity and potency. Young Living believes in full transparency and is always here to answer your questions about how the oils are sourced, tested, and delivered. As Young Living continues to lead the way in essential oil excellence, you can trust that when you choose Young Living, you're choosing products that support your health and well-being with integrity, science and care. *Thank you for being part of the Young Living family!* ■

[Essential Oils Desk Reference]

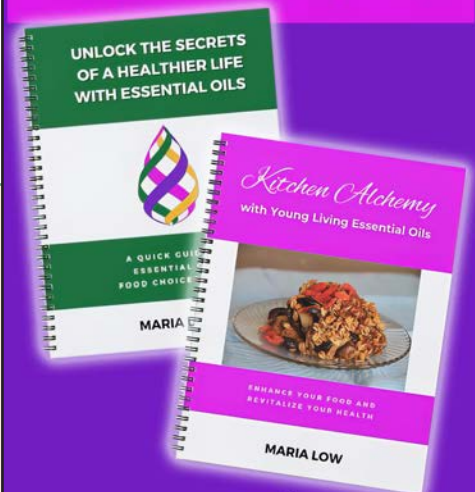
*Learn more from Young Living members who make essential oils a part of their lifestyle:*

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## ALL YOU NEED TO KNOW ABOUT ESSENTIAL OILS!



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