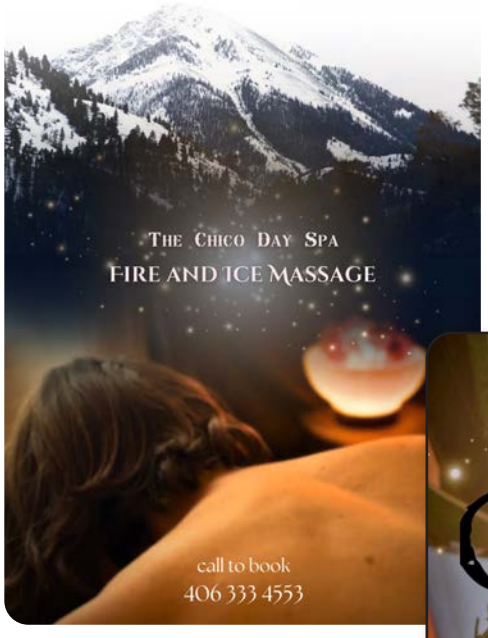


Winter Specials at Chico Day Spa!

Laura Kehoe Hayward, Spa Director

With winter now leaving its footsteps in the snow, we've made practical preparations—getting snow tires, bringing out warm clothes, stacking firewood, looking at cameras on the pass before driving over the mountains...

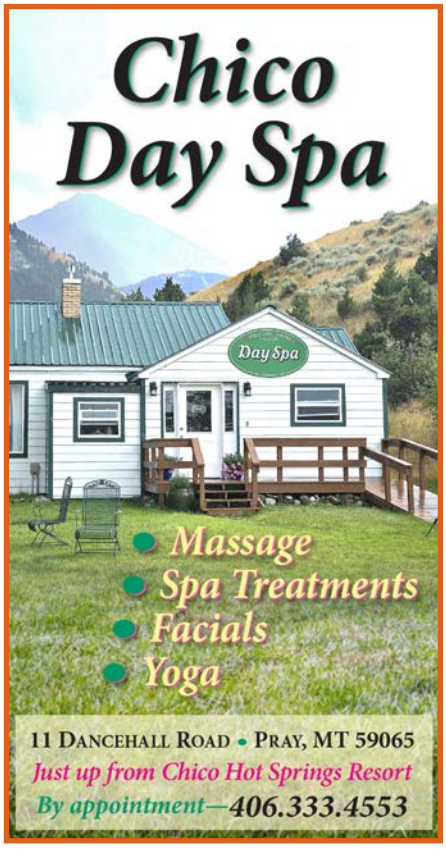
Winter is entrancing, can be dangerous, and brings her own special magic. In times that can be stressful, from weather to holiday preparations, and a desolation felt by too many or too few relatives, it's important to remember to come back to our inner quiet—to make space for coziness, reflection and relaxation.

At Chico Day Spa, we have been thoughtfully preparing winter specials to help renew your body and spirit, and to bring you back to the gifts of winter: rest, self-care, and reflection.

The ***Fire and Ice Chico Signature Massage*** infuses our Hot Rock Massage, body butter, and steam-towel massage with your choice of Wintermint or Ginger and Spruce essential oils. This combination soothes muscles tensed against the cold and revives your sense of calm and clarity. We were inspired by the way that cold is refreshing, reviving and enlivening, and how the contrasting coziness of heat and light is the perfect combination to embrace and enjoy winter.

Our facial offerings are designed to nourish and protect your face from the harsh elements—with a seasonal flare. The ***Glisten and Glow Winter Facial*** targets dry, dull, stressed skin dealing with dehydration, bringing your face back to beautiful, nourished balance. The ***Arctic Cranberry Facial*** uses enzymes for lightening, brightening, and healthy aging. Both treatments use fun and seasonally inspired ingredients, with skincare lines from Sorella and Le Mieux.

These treatments are designed for relaxation and restoration—a time for you! If you have a loved one who would like these experiences, you can purchase a gift card through our main line at Chico Hot Springs Resort and Day Spa. Call 406-333-4933. If you'd like to relieve some decision fatigue from your special person, you could book with us directly by calling 406-333-4553. ■

We wish you a cozy winter season full of magic and connection!

—The Staff at Chico Day Spa