

Natural Joint Repair Without Pain Pills or Surgery!

Michael Howard, a Patient

My name is Michael Howard, and I am the owner of a local business, Reliable Drywall. Throughout my life, I have enjoyed many outdoor activities, such as snowboarding, running, wakeboarding, surfing, and hiking. I have always been an active person.

Twenty years ago, I had some sheetrock fall on my knee and eventually, I had to have ACL repair surgery. The surgery did not go well at all. My knee was just not getting better, and when the doctors realized I had gotten a staph infection, they had to open it back up and clean it out. They eventually had to install a pic line to get rid of the infection. Needless to say, this was a miserable experience.

About five years ago, I started having issues with my back. Then two years ago, I was in a motorcycle accident in which I dislocated my shoulder. At this point, I was suffering tremendously with all of the different ongoing pains. Unfortunately, I could never get better from any of these injuries, and the residual pain from them became a constant factor in my life.

I have always enjoyed sports, including winter and summer sports, whether it be snowboarding, running, surfing or wakeboarding. Eventually, it got to the point where I could throw my back out doing just about



anything—even just lifting a cooler! This was no way to go through life, and I certainly couldn't afford to be out of commission when I had a young family to care for and a business to run.

About four years ago, I got

ozone therapy, which gave me some much-needed relief for a while. Eventually though, the problem came back again, and I knew I needed to try something more this time. I certainly didn't want surgery. I needed to find a more natural solution for my pain.



I had heard about the bene-

fits of allograft injections containing human umbilical cord tissue for joint pain relief, and I decided to try it.

I met Dr. Spence through a mutual friend that had nothing but great things to say about him. He has a heart to help people, is knowledgeable in his field, and he has a great personality! I went to the Joint Repair Clinic of Montana at the start of this year for injections in my lower back, left knee, and both shoulders. I have had tremendous results! I was surprised that it was such a non-invasive procedure. Dr. Lou is skilled with injections, and I barely felt a thing.

Now I'm doing amazing! I'm back to working and running without pain. This has been a life changer for me. I am building up confidence in the fact that my back is no longer going out on me like it used to, and I can do activities I thought I might never be able to again.

What really burns me is when I asked my regular doctor about using umbilical cord tissue for my joint pain, he advised me against it and said I was wasting my money. It really opened my eyes to the different types of doctors and their varying training and beliefs. Traditional medicine doctors often stick to

the standard answers for pain, including pain medicines and surgeries. It seems hard for some of them to think outside of the box to even consider more natural solutions. I prefer to do things more naturally and am thankful that I didn't give credence to the discouragement.

I am thankful for Dr. Spence and the joint pain solutions offered by the Joint Repair Clinic. I would recommend that anyone with joint pain consider these life changing options for themselves. It's time to step outside of traditional thought patterns and do what is actually good for our bodies. I am so glad I did! ■

THE JOINT REPAIR CLINIC OF MONTANA

(with locations in Bozeman, Billings, Missoula, and Helena) has been helping many Montanans attain great results from arthritis, joint pain, and peripheral neuropathy. The professional staff uses measurable, scientific testing, and x-rays to understand what is going on with your joints to help determine what may be the source of your pain. They can help you learn about the natural options that may be available for you and offer personalized-care programs to help your body naturally. They utilize the tissue from donated umbilical cords from live-birth, healthy moms and healthy babies, which helps the cushioning in your joints.

Care packages can include Human Umbilical Cord Tissue (HUCT) allograft injections, Platelet Rich Plasma (PRP), chiropractic, home-exercise coaching, nutritional supplements and dietary guidelines. Our Bozeman location offers additional pain management options, including various ozone and light therapies.

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