

Animals Have MESSAGES for You!

Kim Shotola,
The Lightfoot Way

Animals are in your life for a reason. Sometimes you have to look on a deeper level for the truth to be revealed.

WHAT HEALTH CONDITIONS MAY MEAN:

It may be similar to an issue you have. For instance, you may have pain in your right hip, and they do, too. You may have had it first, and they are trying to take it from you in order to help you.

Flip side. They may have had the pain first and because of your connection, you have taken it on.

Animals may also be asking you to take a closer look at your own health and by them becoming ill, they give you an opportunity to learn how to help heal them. Many animals want you to explore ways to help them AND yourself with nutrition, holistic methods, and spending time together.

LOOK CLOSER AT BEHAVIORAL ISSUES:

Ask yourself why this could be happening. Anxiety or depression may be a result of your



animal not realizing you are returning home. If they aren't told they have a forever home, they may wonder, when you leave, if this is the last time they'll see you. Tell them they have a forever home out loud.

Tell them when you leave and when you will be back. Some animals feel they have no purpose and need to be given responsibility. Tell them what their role is in your life and what that specifically means.

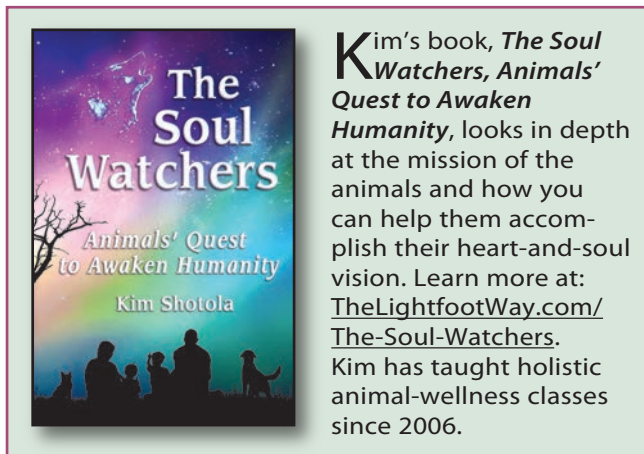
Some animals exhibit behaviors because they want you to work on yourself. Do you worry or stress too much? You may even display similar behaviors, and they are feeding off of you, trying to get your attention. Remember, most illness and behavioral problems are a result of unresolved emotional issues. Healing emotions means a happier, healthier and longer life for both of you.

SPIRIT ANIMALS HAVE MESSAGES FOR YOU, TOO:

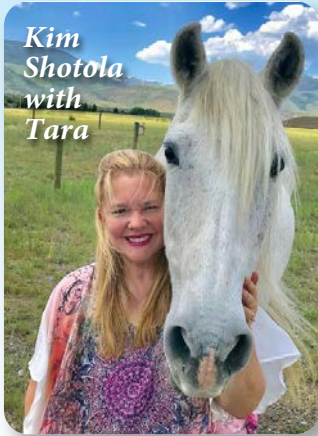
If your beloved animal has passed, did you know they can visit you? Chances are, they have been with you before, perhaps as a childhood animal.

Animals can provide guidance in your life about more than you realize. With Rainbow Bridge animals, this information can be more in depth and meaningful.

Many animals want to return to their pet parent in a new body to continue the life they had with them.



Kim's book, *The Soul Watchers, Animals' Quest to Awaken Humanity*, looks in depth at the mission of the animals and how you can help them accomplish their heart-and-soul vision. Learn more at: TheLightfootWay.com/The-Soul-Watchers. Kim has taught holistic animal-wellness classes since 2006.



SIMPLE BUT PROFOUND STEPS YOU CAN TAKE WITH YOUR ANIMALS:

Acknowledge that you realize who they really are —your teacher, your guide, your friend. Have faith and believe in the

power—of their purpose, your relationship, their messages.

Do what you can to deepen your bond and understand them – spend more time with them, talk to them out loud, learn to ‘hear’ them.

If you don’t know how to speak telepathically to animals, please know that you are capable of awakening this innate ability within you in just one day.

No matter what, animals are your teachers. If you determine what their messages are for you, it will change your life forever. Perhaps you will be inspired to do just that.

Kim is a professional communicator, animal wellness instructor and author that’s taught animal communication since 2006. Students receive weekly intuitive and spiritual development articles. Kim is teaching an animal communication teleclass on July 22. Visit TheLightfootWay.com/animal-communication-teleclass.

To receive weekly articles, archive access, updates on classes and events, and gifts for our readers, get on our email list at: TheLightfootWay.com/join-our-email-list/ When you sign up, you’ll receive our audio chakra meditation to help enhance your intuitive abilities. For upcoming, long-distance and in-person classes, visit: TheLightfootWay.com/classes.



The LIGHTFOOT WAY
Making cutting-edge holistic animal care fun, simple and life changing!

- ✓ **Strengthen your heart and soul connection**, help prevent illness and heal the animals in your care.
- ✓ **In-person and distance classes, professional programs & consultations**

Kim Shotola
Holistic Animal Care Instructor, Wellness Coach & Animal Communicator

TheLightfootWay.com

(713) 822-4382

Empower Yourself to Change Your Life & Help the Animals in Your Care!



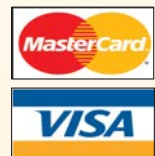
TOOT YOUR HORN IN
Natural Life News & Directory

Best Advertising Value!

“Hey, I can’t tell you how pleased we are with the response we’ve received from our ad! We had people coming from Bozeman & Livingston to our workshop here in Helena.” —P.L., Helena, MT

“The best advertising dollars we’ve ever spent” —R.W., Noxon, MT

“Your Directory works, and I’m very satisfied with the results.” —L.S., Whitehall, MT



Call *Natural Life* Today!
406-224-2349 or see page 4 for a rep near you.
Press Kit at NaturalLifeNews.com