

The Frequencies of Life



*Maria
Low*



Bruce Taino was able to test the vibrancy of the Young Living Essential oils. This is what he found:

The true Damascus Rose essential oil vibrates at a rate of 320 Megahertz. It emanates purity and wholeness. Rose oil connects body, mind, and spirit. It is no surprise that the high vibration of rose supports the feeling of love, which is the highest vibration in the world. Young Living owns 80% of the world's Damascus Rose essential oil. There are other rose essential oils that are mixed with extenders, such as petrochemicals, that have a very low energy. Young Living's *Joy Blend*, with its combination of pure, floral and citrus oils—including Damascus Rose, Ylang Ylang, Geranium, Jasmine, Palmarosa, Bergamot, Lemon, and Tangerine—offers the high-frequency benefits of roses along with oils that are less expensive than pure rose oil.

Gary Young and Bruce Taino worked together to study the frequency of plants and the relationship between frequency and disease. Here are some of the results of their study. (See tables on next page.)

THE FREQUENCIES OF THOUGHTS

Interestingly, negative thoughts lowered the measured frequency by 12 MHz. Positive thoughts raised the frequency by 10 MHz. It was found that prayer and meditation raised the frequency by 15 MHz. It has been demonstrated that changes

In 1990, Gary Young spent time in France learning about the art of essential-oil distillation.

France is famous for its lavender fields. He studied the different cultivars of lavender and collected the very best seeds and secretly brought them home to the U.S. in his cowboy boots. He planted the seeds in the backyard of the Young Living office building. The descendants of those lavender plants are now growing on the Young Living lavender farm in St. Marie's, Idaho.

France was the only country at the time that had a laboratory facility for testing and certifying the attributes of essential oils. Americans were not as quick to utilize essential oils as Europeans. For example, there were hospitals in France with tents over patients' beds, with a computer pad set up to regulate the dispensing of various essential oil. Patients loved it!

After his visit to France, Gary went on to study the science of essential oils in Syria, Turkey, and Germany.

During his travels abroad, Gary realized that educating Americans about the science behind essential oils was necessary. During an essential-oil presentation he made, there was a scientist in the audience. That scientist, Bruce Taino, had invented a machine to measure the vitality in plants and herbs. When he heard that essential oils had differing vitalities according to each cultivar, Gary was not sure what to think! He had to prove this to himself scientifically. Thus, a partnership began between Gary and Bruce.

VIBRATIONAL FREQUENCY OF ESSENTIAL OILS

Energy can be measured in units called hertz or electromagnetic waves. Hertz can be defined as electrical energy transmitted in a series of cycles equal to one cycle per second. How does this relate to vibrational frequency?

As the cycle of energy vibrates at a more frequent rate, the vibrational frequency increases accordingly for each type of plant or tree.

in a downward direction can take place with depression. Conversely, upward changes can take place with the diffusion and the application of essential oils. The essential oils lift the spirits and support positive thoughts and frequencies.

HEALING OILS FOR THE BODY

Essential oils (as single oils or blends) within a higher range of frequencies work with the emotional area of one's life. Single oils and blends with lower frequencies have a more profound effect on making structural, i.e., physical changes. Oils with a frequency of 78 MHz or below are believed to work specifically with the physical body.

Inhaling essential oils is beneficial because the sense of smell goes directly to the limbic system. This affects the amygdala in the brain where emotions are stored and released. The frequency of essential oils is not absolute. Other frequencies can interfere. For example, drinking coffee, sugar intake, dairy in the diet, air pollution, detrimental music, and other activities can interfere with the positive influence of essential oils. The test results (shown here) were as accurate as possible, with no outside interferences.

Young Living now has one of the top aromatherapy laboratories in the world for discovering and testing essential oils. These laboratories help it maintain a "Seed to Seal" quality standard for all the Young Living Essential Oils and their additional products containing essential oils.

VIBRATIONAL FREQUENCIES OF FOOD

Vegetables also have frequencies. Keep your leafy greens and root vegetables vibrationally high by monitoring the heat, the timing,

Frequencies of the Body

Healthy Human Brain	71-90 MHz
Healthy Human Body (overall)	67-68 MHz
When a person has cold symptoms	58 MHz
When a person has flu symptoms	57 MHz
When a person has candida infection	55 MHz
When a person has Epstein Barr symptoms	52 MHz
When a person has cancer	42 MHz
When a person begins to die	25 MHz

Frequencies of Plants/Herbs

Dry Herbs	12-27 MHz
Fresh Herbs	20-27 MHz
Young Living Therapeutic oils	47-320 MHz

and the method of cooking to retain the essential oils in the foods you are preparing. This is how food can be used as medicine.

Hopefully this gives you greater insight into the wonderful plants (and their concentrated essences) that serve mankind and how they do it through nutrients *and* vibration! ■

Stay tuned for activities that the Drops of Joy team will be presenting later this year. Check out our website: EssentialDropsofJoy.com. Consider obtaining your own wholesale account to order products at a 24% discount. Contact us for more information or to receive our monthly educational newsletter. Get the most out of essential oils for yourself, family,

Frequencies of Young Living Essential Oils


Basil	52 MHz
Frankincense	137 MHz
Juniper	98 MHz
Lavender	118 MHz
Myrrh	105 MHz
Peppermint	78 MHz
Joy Blend	195 MHz
Thieves blend	156 MHz

business, and pets! Contact Maria Low at yleo.aspirations@gmail.com, 406-551-6684. Or contact Kathleen Karlsen at kathleenkarlsen@msn.com, 406-599-3235.

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EMERALD (MAY)—A universal heart cleanser and balancer; energies of the Divine Mother and the Divine Feminine; gently coaxes the heart to open to allow a greater experience of love in the body.



PEARL (JUNE)—Promotes the release of layers of irritation in the mental and emotional bodies, seen in the physical body as hardness and inflexibility. Helps turn antagonism for oneself or one's illness into awareness and acceptance.

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