

Natural Joint Repair Without Pain Pills or Surgery!

Rosemary Silzly

My name is Rosemary Silzly. I am retired after 30 years of loving my job as a special-education school teacher. I will turn 80 years old this year. I have two daughters and a son that passed away three years ago. I am blessed with eight grandchildren ranging in age from 8 to 25. I enjoy spending as much time with my family as possible. I like to go to watch their various sports events, and I take pleasure in bringing the younger ones around to places like the park and the pool.

Although my days of being busy tending to the farm with my husband are over, I continue to enjoy living the country life on my farm in Opportunity, MT, and staying active remains important to me. I keep up with the retired teacher's group and the Delta Kappa Gamma sorority. I love to travel, and I especially enjoy exploring the inner beauty of our country on river-boat and paddle-boat cruises. Once I was through with the busyness of raising my family, I found my passion for clog dancing. It has brought me such happiness to dance for the past 20 years and is now a part of what makes me who I am.

About 5 or 6 years ago, I started to experience pain and issues with my knees. They gradually got worse over time. Going up and down stairs in my three-level house became quite difficult and eventually downright menacing. In fact, there were a couple of times that my knee gave away, causing me to fall and sprain my ankle. Although I had thankfully never broken a bone, the situation clearly had become dangerous, and I knew I had to do something about it.

In addition to impacting my everyday activities, my knee pain made it such that I could no longer dance the way I love to. Clog dancing is a part of me that I was not ready to give up. It just means too much to me.

The thought of surgery was daunting. I had already undergone a hip-replacement surgery



years ago. At that time, the pain medication made me so sick that I could not take it. I ended up having to experience all of the pain of the recovery with no reprieve. This was not something I ever want to endure again.

Then a friend told me about a new way to fix my joint pain without surgery. She spoke of a local clinic using allograft injections of human umbilical cord tissue (HUCT) to build back the cushioning in joints. This non-invasive and non-surgical solution certainly piqued my interest. My daughter explored it in more detail and found the Joint Repair Clinic of MT offering this, and other non-surgical solutions, for joint pain, including platelet rich plasma (PRP). I made an appointment to meet with Dr. Jahner and learned that I would make an excellent candidate for the treatment. Additionally, I learned that it was an ethical, safe, and effective alternative to surgery.

About 10 months ago, I received the allograft injections in both of my knees. I was pleased that the procedure itself was quick and not painful.

Since the injections stimulate the natural process of the body to heal itself, I was aware that it would take some time to get my fully desired results. It was nice to not have painful surgery recovery time, and it is so great to feel my knees getting better and better over time. I have eased back into dancing and am grateful to be sturdy on my knees again.

Lately, I have started experiencing some lower-back issues. I immediately called The Joint Repair Clinic and got myself lined up for HUCT injections in my back to address the degeneration and relieve the pain. I am so excited to know that this non-surgical option remains available to me, and I have every intention of continuing to use it to keep my body active and pain-free. Once my back feels better, I look forward to resuming my dancing and going on another river cruise. I will continue to enjoy my active lifestyle, and I aim to savor every moment that I have to live my life to its fullest! ■

The Joint Repair Clinic of Montana (with locations in Bozeman, Billings, Missoula, and Helena) has been helping many Montanans attain great results from arthritis, joint pain, and peripheral neuropathy. The professional staff uses measurable, scientific testing and x-rays to understand what is going on with your joints to help determine what may be the source of your pain. They can help you learn about the natural options that may be available for you and offer personalized-care programs to help your body naturally. They utilize the tissue from donated umbilical cords from live-birth, healthy moms and healthy babies, which helps the cushioning in your joints.

Care packages can include (Human Umbilical Cord Tissue (HUCT) Allograft, PRP, chiropractic, ozone therapy, nutritional guidelines, and home exercise counseling. They have helped many achieve decreased discomfort and increased vitality—to feel younger again and enjoy their work, hobbies, and family to the fullest!

Call (406) 551-1787 today and mention this article to receive the discounted \$49 consultation.

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