

# Natural Joint Repair Without Pain Pills or Surgery!

Mary Cremean



Steve  
and Mary  
Cremean

injection so I decided to tag along to see what this was all about. After meeting with Dr. Spence and his team, I was convinced this treatment would be beneficial for both me and my husband. We both wanted a natural, healthy alternative to surgery. We decided that the timing would be better for me to go first.

In May of 2021, I had my hip taken care of with the Joint Repair Clinic's HUCT/PRP (platelet-rich plasma) injections. I

**M**y name is Mary Cremean and I have lived in beautiful Bozeman for 5 years, where I have enjoyed hiking, biking and walking the beautiful trails in the area. Unfortunately, in late 2020, my right hip started bothering me to the point where I could only walk about 1/10th of a mile before I had to turn around, in tears, because my hip was hurting me so badly. I was 54 years old at the time, but felt like an octogenarian, especially after sitting for extended periods of time at my desk job.

My husband had been researching different options for his joint problems, with an interest in umbilical-cord tissue. After attending a Joint Repair Clinic of Montana presentation, he scheduled an appointment to see if he would be a good candidate for their program. I was a bit skeptical of the human umbilical-cord tissue (HUCT) allograft

started noticing great improvement in my hip about four weeks post-injection. After three months, I would say my hip was 100% healed! Now I can easily walk four miles per day with no pain. Before the HUCT allograft and PRP injections, I literally thought about my hip every waking hour of the day—now I do not even think about it at all! I would characterize the improvement as miraculous. And I no longer feel 80-something!

After witnessing how life-changing my hip results were with just one HUCT injection, my husband decided to get both his knee and his ankle done. Now he is looking forward to enjoying the upcoming hiking season this spring!

My shoulder has been degenerating over time, and despite my efforts with PT, I haven't been able to get it feeling better. It has gotten to the point

where it inhibits me from getting a good night's sleep, as I couldn't lay on my side without it causing pain.

After experiencing such great success with my hip, I decided to return to the Joint Repair Clinic of MT for their help with my shoulder as well. I am excited to have just gotten the umbilical-cord tissue and PRP injections in my shoulder. I am looking forward to getting back into swimming and getting a good night's sleep again.

I have combined the Joint Repair Clinic's HUCT/PRP injections with regular chiropractic adjustments from We Care Chiropractic. This combination has made my whole body feel better. I am soon to be 55, and I haven't felt this good in decades. Dr. Lou and Dr. Spence are so knowledgeable, professional, and friendly! They genuinely care about the whole person and give guidance on the combination of eating well, working out, chiropractic adjustments, HUCT/PRP therapy, and a positive attitude.

This program has drastically improved my life. I would definitely recommend the Joint Repair Clinic to anyone who is struggling with joint pain. You will not be disappointed! ■

**The Joint Repair Clinic of Montana** (with locations in Bozeman, Billings, Missoula, and Helena) has been helping many Montanans attain great results from arthritis, joint pain, and peripheral neuropathy. The professional staff uses measurable, scientific testing and x-rays to understand what is going on with your joints to help determine what may be the source of your pain. They can help you learn about the natural options that may be available for you and offer personalized-care programs to help your body naturally. They utilize the tissue from donated umbilical cords from live-birth, healthy moms and healthy babies, which helps the cushioning in your joints. (See ad, above right.)

Care packages can include HUCT, PRP, chiropractic, ozone therapy, nutritional guidelines, and home exercise counseling. They have helped many achieve decreased discomfort and increased vitality—to feel younger again and enjoy their work, hobbies, and family to the fullest!

Call (406) 551-1787 today and mention this article to receive the discounted \$49 consultation.



**(406) 551-1787**  
JointRepairMT.com  
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Helena, and Missoula

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