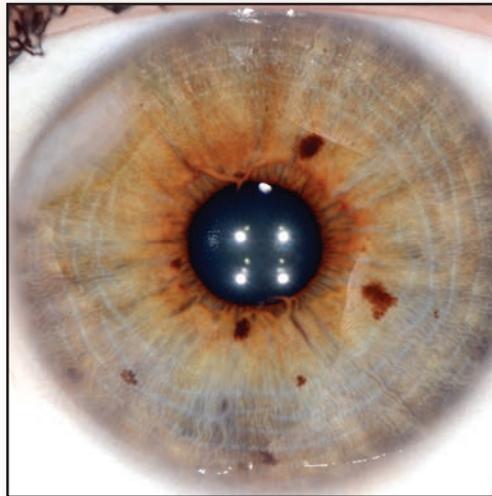


IRIDOLOGY: *Subtypes of the Main Iris Types* *Based on Color • Hazel & Brown Eyes*

In the last couple of articles (now archived at NaturalLifeNews.com), I have been educating the reader on Iridology. This has been an intriguing subject for me since I was a teenager, when my father was working with Natures Herbs at the time. Dr. John R. Christopher, a renowned herbalist of his day, was also associated with the same company. My dad allowed me to travel with him to a health fair in Las Vegas. Dr. Christopher was there, and I was able to get to know him better. It was an absolute pleasure and gave me the desire to become an herbalist myself.

During that same time, I received my first Iris analysis. I was fascinated by what I learned about myself. When I would start having issues, I would think back to that analysis, and know that if I didn't strengthen those systems and organs, then those issues would become more serious. Those impressionable days have developed into a lifelong learning of herbs, nutrition and Iridology.

In this article, I will complete the subtypes of the main iris types based on color of the hazel (Biliary) and brown (Hematogenic) eyes. The darker the color, the less subtypes that can be seen.

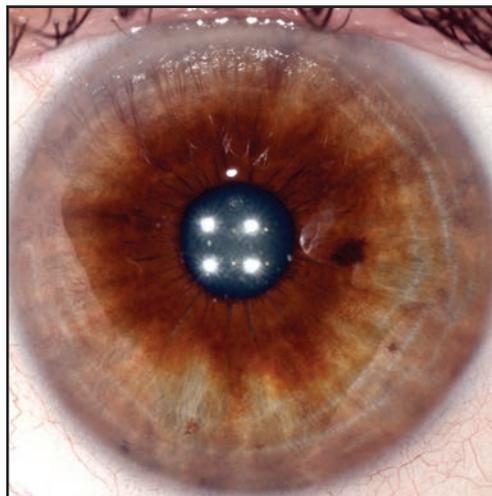


In the hazel or Biliary Iris, the Constitution Subtypes by color are described by the following terms: Hydrogenoid and Ferrum Chromatose. In the brown or Hematogenic Iris the only Constitution Subtype by color that can be seen is Ferrum Chromatose. Years ago, when the technology was not as advanced, an Iridologist could not see this sign at all.

HYDROGENOID

What it looks like: White or off-white, dot-like spots in the outer area of the iris. The spots are called tophi. There must be more than two tophi to be considered Hydrogenoid.

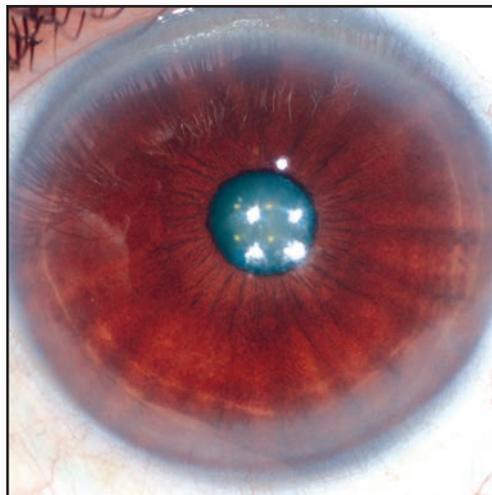
TENDENCIES: More congestion in the lymphatics; retains fluids. If there are two or more tophi in the lung area, it may indicate ancestral history of tuberculosis, which weakens the body as a whole. There also may be a family history of rheumatoid arthritis. Weak digestion (may be harder to break down proteins); allergies (to certain foods, pollen, dust etc.).

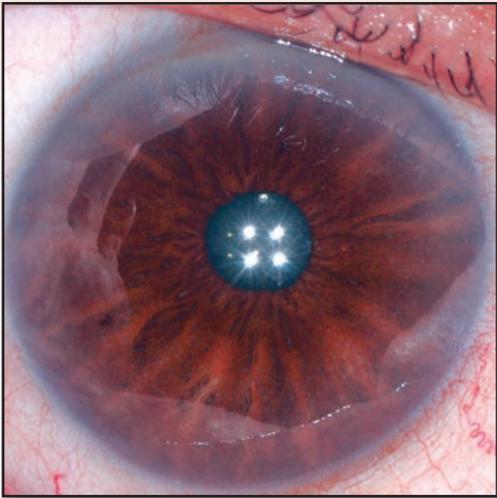


FERRUM CHROMATOSE

What it looks like: Snuff tobacco-like pigments making bands of color similar to tiger stripes.

TENDENCIES: Possible difficulty absorbing fat and/or iron (which can lead to not enough or too much iron in the body).





Possible chromium deficiency, liver insufficiency, and digestive weakness. This can be seen in both hazel and brown irises.

No two irises are alike! I always find something new with each iris I analyze. Come and discover what your eyes have picked up from your parents, your grand-

parents, and up to seven generations to make you the unique, complex person you are today!

My studio is in Helena, and I also travel to Bozeman twice a month (weather permitting) to see clients for Bowenwork, massage and Iridology.

Mention this article for a 30% discount. If there are two or more that would like the full analysis, then bigger discounts will apply. If there are more than three that would like a full analysis, and you live further out, then contact me, and we can discuss travel to your area. ■



CRYSTAL MACEIRA is a Certified Bowenwork Practitioner, practicing in Helena. She has been a

massage therapist for 20 years. She is also a Master Herbalist and certified IIPA Iridologist. She prepares her own single and formula-blend herbal tinctures. Find out more by visiting PositiveLifeChange.info.

Call Crystal at (406) 616-2599 or email her at: crystalclearhealth@gmail.com

Mention this article for a 30% discount on a full, comprehensive Iridology analysis, and 10% off an Iris Scan done at my studio in Helena.



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