

The WOLF as Teacher, Guide and Pathfinder

Kim Shotola

Do you know how magical the wolf is? Sirius is the brightest star in the night sky. It is called the star of the celestial wolf, referring to the wolf coming and going between this world and the spirit world. The Milky Way is referred to as the Wolf Road or Wolf Trail, making reference to the road to Heaven. The wolf can help you connect more deeply with those who have crossed over.

The wolf has many amazing qualities that are revered by many. Wolves want you to know how they can help you on your life's journey.

THE WOLF IS A GREAT TEACHER AND PATH-FINDER. HERE ARE SOME REASONS WHY:

- Think of the teachings and abilities of the wolf as *Wolf Speak, Wolf Wisdom, and Wolf Medicine*.
- Wolf is intuitive and holds



ancient wisdom. Their guidance has been ongoing for generations.

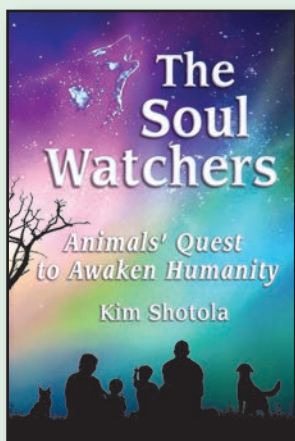
- They can assist you to become in touch with your body's own innate wisdom.
- The wolf can help guide you on your life path, to take control, and find your sacred direction.
- Wolf medicine evokes courage, strength, protection, and healing.

animals, nature, and Mother Earth.

THROUGH THEIR EYES, THE WOLF CAN HELP YOU DISCOVER YOURSELF IN THE FOLLOWING WAYS:

- They can enable you to open your eyes to a profound awareness, where you view life in a whole new way.
- The wolf is associated with the throat chakra and can assist with speaking your truth and letting your authentic self shine.
- Wolves help you to heal heart wounds and fully expand your heart to all that is.
- They can show you how to utilize your strengths, both as a lone wolf and as part of a pack.
- The wolf can assist you with understanding how you can

- They can show you how to raise your vibrational frequency and block undesirable energy.
- The wolf can teach you how to communicate telepathically with



Kim's book, *The Soul Watchers, Animals' Quest to Awaken Humanity*, looks in depth at the mission of the animals and how you can help them accomplish their heart-and-soul vision. Learn more at: TheLightfootWay.com/The-Soul-Watchers. Kim has taught holistic animal-wellness classes since 2006.

nurture your entire being, while also serving others.

- They can empower you to believe in yourself and have the confidence to share your knowledge.
- Wolf can enable you to find harmony and balance within yourself and all of life.

Is Wolf asking you to find a new path, reach for the stars, or take control of your life?

CALL ON THE WOLF TO HELP GUIDE YOU:

- You can meditate and ask the wolf to come forward to help you. A wolf guide will present itself to you. Be specific in the questions you want to ask.
- Go into nature or visit a sanctuary or zoo to connect with a wolf, if you have the opportunity.
- Ask the wolf to give you guidance through signs. For instance, ask for three signs in five days to guide you for a specific question you have. The signs can indicate a positive response to your question. Pay close attention so that you don't miss the signs, which can come in many forms, such as a radio blurb, magazine photo, street sign, TV commercial, or bumper sticker.
- Search online to learn more about wolf guid-

ance or look into books that speak of the spiritual qualities of the wolf.

You can attend the upcoming wolf retreat where actual wolves provide guidance. Kim is offering *The Call of the Wolf*, a 4-day intensive retreat on November 10–13, where the wolves at Bozeman's Howlers Inn will transform your body, mind, and spirit. Your heart-and-soul connection will be illuminated with wolves and all of life. Register for early-bird pricing at: TheLightfootWay.com/the-call-of-the-wolf-retreat/. Consider calling on the wolf to help nourish your soul and become all that you are meant to be! ■

Kim is a professional animal communicator, instructor, coach and author who has journeyed with the wolf for many years.



The LIGHTFOOT WAY
Making cutting-edge holistic animal care fun, simple and life changing!

- ☑ **Strengthen your heart and soul connection**, help prevent illness and heal the animals in your care.
- ☑ **In-person and distance classes, professional programs & consultations**

Kim Shotola

*Holistic Animal Care Instructor,
Wellness Coach & Animal Communicator*

TheLightfootWay.com

(713) 822-4382

*Empower Yourself to Change Your Life
& Help the Animals in Your Care!*



Health in Motion

physical therapy + wellness

NOW OFFERING

LASER THERAPY
MAGNETIC FIELD THERAPY
EXERCISE W/OXYGEN
THERAPY

THERALIGHT 360
RED LIGHT THERAPY BED

Contact us!

**3985 VALLEY COMMONS DR.
BOZEMAN, MONTANA**

Call: 406-585-4642

www.HealthInMotionPT.com

An Alternative
Medicine & Holistic
Health Directory



Let your health
shine through!

- Local Practitioners
- Natural Products
- Books, MP3s
- Schools
- Stores
- Workshops
- Holistic Videos
& so much more!

Alternatives
ForHealing.com