

What Do Animals WISH FOR YOU?

Kim Shotola

Animals are on a quest to awaken and enlighten your heart and soul connection. Animals have been watching your soul since before you were born—the animals with you now, animals from your past, animals in spirit, the wild animals and the animal essences (also referred to as guides or totems) are all here to help you become what they already envision.

What do they wish for you and the rest of humanity? A world where you understand animals and people on a heart and soul level. A world where you embrace, utilize and share the messages and gifts from the animals, nature and Mother Earth. The animals are a window to your soul and a doorway to your spiritual destiny. If you let them into your life and allow them to teach you, you will be better for it. The animals can show you the present, help you learn from the past and



propel you to your future. They can help heal you on a body, mind and spirit level. The animals can reveal your soul path to align with and ignite your true soul purpose. They are here on a mission far greater than most realize.

The wisdom of the animals can bring you love, joy, gratitude, clarity and abundance to your life like never before. Do you want to embark on this breathtaking journey with them to awaken and magnify your inner wisdom, divine light and sacred connection to all? *Here's some simple ways to get started:*

- Ground yourself, meditate and spend time in nature. Try to do this with your animals.
- Be aware of what you put on or surround your animals with. There are many toxic chemicals in pet, human, household and lawn products. Use chemical-free products or create your own.
- Utilize Mother Earth's medicine chest, just like animals do in nature. Holistic animal care can help prevent illness and heal on a physical, mental, emotional and spiritual level.
- Talk to your animals daily about how your day was, when you feel sad, your hopes and dreams, etc. Connect your heart to your animal's heart.
- Pay attention to the messages from wild animals. Are you seeing an animal repeatedly, in an unusual situation or one you rarely see? Do an Internet search for that animal totem.
- Consider learning animal communication, so you can communicate with all animals and nature. Everyone has this innate ability, it's just a matter of waking it up. When you learn how



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Kim Shotola

*Holistic Animal Care Instructor,
Wellness Coach & Animal Communicator*

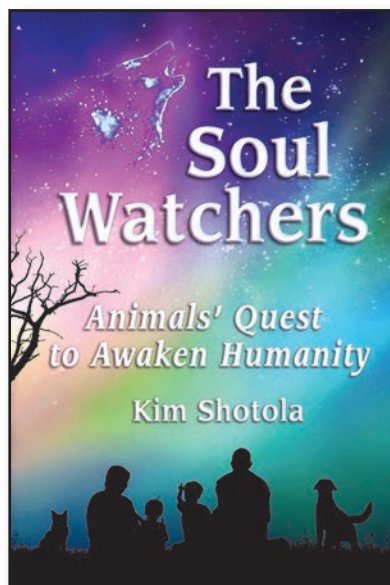
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to do this, you can know what your animal is thinking, how you can help them and how they can help you. You will understand the life lessons they're trying to teach you.

- Be aware of what's happening to Mother Earth and all living beings, including species loss and climate change. Many amazing youth are taking a stand globally like Greta Thunberg of Sweden. Know how this affects all life and take action. ■



Kim's book, *The Soul Watchers, Animals' Quest to Awaken Humanity*, looks in depth at the mission of the animals and how you can help them accomplish their heart and soul vision.

Kim has taught holistic animal wellness classes since 2006. You can learn more about her book at TheLightfootWay.com/The-Soul-Watchers.

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