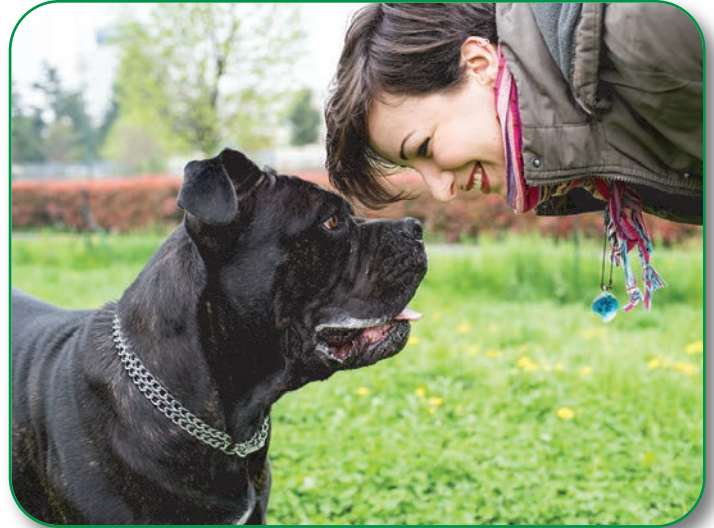


**A**nimals play a huge role in intuition. From your pets to wild animals, they want to help guide you in your life. When you become aware of how animals are trying to reach and teach you, you have an awareness about life that is simply profound.

Intuition is also about nature. On a hike, the majority of people go from point A to point B. If they used their intuition, they could tune in to animals along with Mother Earth and her elements, and receive their messages. When you strengthen your connection with animals, nature, and Mother Earth, your intuition increases and creates a ripple effect in your life such as:

- You can know what animals, nature, and Mother Earth are trying to tell you.
- You have more of a feeling of self-worth while standing in your truth.
- You have more clarity in your daily life, and your path and purpose seem more clear.
- You find it easier to stay present and grounded while finding balance and harmony amidst challenges.
- You understand humanity as a whole better, including individuals, which can inspire you to create a ripple effect that will benefit others.




When you allow intuition to help guide you, you realize that like an intricately woven spider's web, we are all energetically intertwined in the delicate facets of life. And when you understand this, it helps you to believe in yourself—and in all of life.

### How can intuition benefit animals?

- For behavioral issues, you can ask your animal why they're acting that way. Most issues are emotional based, and they can tell you what will help them to stop that behavior.
- If your pet's sick, you can ask them how they're feeling and how you can help.
- When you're away from home, you can check in with your animal to see how they're doing and remind them when you'll return. This can be a game changer for anxiety stricken animals.
- For lost animals, you can communicate to receive location details or guide them back home.
- If you're not sure if your animal is ready to cross over, you can ask them. They can tell you what to look for so you know they're ready. When they do pass on, you can speak to them as if they're still here. Your heart and soul connection does not diminish just because their physical body is no longer present.

### How can you become more intuitive?

- Look at what you are putting into your body. Your body functions better, including your intuition, when you consume a healthy diet.
- Look at what you are putting on your body or exposing your body to. Pay attention to personal products and those for your home and lawn, as many contain chemicals. Also, pay attention to EMF exposure.

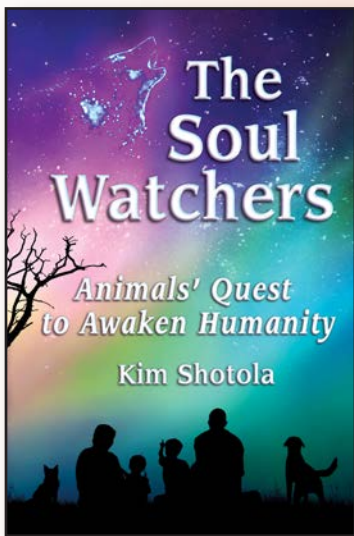


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- Read an intuition-development book. Kim's book, *The Soul Watchers, Animals' Quest to Awaken Humanity* is about using your abilities to receive and understand guidance and how to utilize Mother Earth's medicine chest.
- Dive into holistic care. Doing this for yourself and your animals heightens your intuitive abilities. The more you learn and take action, the more connected you become with yourself and others.
- Take an intuitive development class. A live animal communication class is a great way to improve your intuitive skills—not to mention the most fun! When you learn how to speak to animals, you're even capable of talking to those that have passed on and Nature. ■

*When you expand your intuition, you help yourself and your animals live a more heart and soul filled life. Kim is a professional animal communicator and wellness coach that has taught students to increase their intuitive abilities for over 15 years.*

*Kim is teaching animal communication at her home in Livingston on October 17th. Learn more here: [www.TheLightfootWay.com/animal-communication-classes](http://www.TheLightfootWay.com/animal-communication-classes). If you aren't able to travel, consider the October 24th teleclass you can do from your home [www.TheLightfootWay.com/animal-communication-teleclass](http://www.TheLightfootWay.com/animal-communication-teleclass).*

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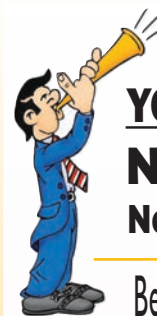
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