

A Past-Life Message to Humanity

Tara Maier ~ Quantum Healing Hypnosis Technique

Letting Go of the Stories of Our Past

During a recent Quantum Healing Hypnosis session, a female client viewed a past life as a medieval soldier. The man's name was Banyon, and he was incredibly strong and courageous. He exuded confidence, as he confronted a mad king about the impending fall of his kingdom due to the dictator's own greed, gluttony, and incompetence. As conquering forces encroached the village, Banyon led the townsfolk to safety and left the king to his demise.

Years later, Banyon, living peacefully in a small mountain cabin, was approached by the soldiers of a new king. They asked him to fight for them, as his valor in battle was renowned throughout the land. Once again, Banyon displayed his confidence, as he spoke with this new ruler and declared that he would only lead the soldiers of a monarch who put his subjects before himself. Only after the king proved himself to be loyal to his people did Banyon go to fight for him.

Several more years passed on the battlefields, and Banyon grew weary. The fight would never end. There would always be war, and he could no longer justify it to

himself to continue. He removed his armor and sat on a rock, waiting to be noticed by the opposing force. It didn't take long before a sword was plunged through his heart. The soul serenely left the body, but instead of going to the space between lives, Banyon went directly into the body of a little girl. He felt like his grandiose essence was being shoved down into a tiny, fragile capsule. As he integrated, he looked through her eyes and saw the bodies of her family lying around her. They had been killed by the very soldiers he fought alongside just moments before. The girl's soul was so



traumatized that it left her living body just as his soul left his dying body, and he became a walk-in. Still retaining all the memories of the previous form, as well as the memo-

ries of this child, Banyon washed, clothed, and fed the body then started a fire and covered the bodies of her family members.

Condensing time, the client moved forward to another important day in that life. The little girl had grown into a young woman, and Banyon had turned her into a soldier. He learned to conduct himself a little differently in a female body, especially when he addressed a king, but he still retained his skill, confidence, and



valor. When the king asked who she presumed to be, Banyon had no other explanation other than, "I am God's soldier." (S)he felt chosen by God to continue the fight on the Earthly plane, while others were allowed through the gates of heaven or, at the very least, through the gates of hell. Now (s)he fought for what (s)he believed to be a truly just cause—to avenge the death of her family and eliminate as many soldiers as possible. The fewer soldiers, the fewer children that would have to witness the murder of their loved ones. But deep down, Banyon knew it was fruitless. There would always be more men, more war, more death. Maybe this was hell after all. But (s)he knew no other way...

Banyon grew weary once again. (S)he had told no one about who (s)he really was, but in a moment of exhaustion and longing for connection, (s)he confided in a fellow soldier, whom (s)he considered to be a friend. Word spread quickly. (S)he was accused of witchcraft, and the body was executed.

Once this portion of the session was complete, the Higher Self was called in and permission to ask questions was granted. When asked why the client was shown

this one life in two bodies, the Higher Self gave two answers. The first was that the client lacked confidence in the current life. “They” (the Higher Self is a collective consciousness) showed her how Banyon emulated this and how she would embody it from now on, too. The second answer was that there is a message they want to convey not only to the client but also to all of humanity. They want people to know that so many of us have become stuck in our ways. We repeat the same patterns of behavior and the same karmic loops in relationships, some spanning numerous lifetimes. They said humanity is at a crossroads, and if we can not learn a different way and let go

of the stories of our past, it will not be a favorable outcome for us. However, if we can forgive ourselves and others, and release the fighting and suffering of this world, we will shift into a higher vibrational frequency.

Many clients have traveled into the future during their QHHT sessions and have described it as Heaven on Earth or the Garden of Eden. So many have seen this that the QHHT community has coined it “The New Earth,” and it is what awaits us if we learn to follow the path of our highest personal growth.

If you would like to view your past lives, to see behavioral patterns or karmic relationships and to receive assistance from your Higher Self to release them, contact me for a personal session. I also offer future-life progressions, life between lives regressions, and contact with spirit guides, ancestors, and passed loved ones. Many people find physical healing and relief from addictions with this technique as well. The possibilities are endless. Let’s find your greatest potential and manifest it! ■



Tara Maier is a Level II Certified Practitioner of QHHT with a background in Psychology. The Quantum Healing Hypnosis Technique (QHHT) was founded by the late Dolores Cannon during her

50-year career as a hypnotherapist. For more information, visit LiftTheVeilQHHT.com. If you would like to book a session, please call (605) 730-0967 in ENNIS, MT; e-mail: liftheveil.quantumhealing@gmail.com.

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