

# YOUR CONNECTION TO SOURCE

Tara Maier ~  
Quantum Healing  
Hypnosis Technique



I recently facilitated a past-life regression for a woman we will call “Jamie,” who came into my office with questions about the injustices of the world. She had experienced an immense amount of physical and emotional suffering throughout her life and wanted to understand the purpose. She wanted to know why life was so hard and why she needed to incarnate on this Earth.

After viewing one particularly intense past life involving her ex-husband, I decided to guide her back to Source, so she could heal from the trauma. When I asked her to describe how she felt there, she said, “It’s so good to be back home! I feel wanted. I feel loved. I want to stay here!” I told her to enjoy it and to let it recharge her.

When she was ready, I guided her to another appropriate time and place.

This time, she was not shown a past life, but an energy field. She said this field was Consciousness. It was separated into different groups and every group divided even further into individual souls. She explained how each group exhibited different traits, and Source was looking to see how each would evolve. In the beginning, each group was given a choice of total free will, or not. Those given complete free will could choose to go as far away from Source as possible and would become the darkest beings on this planet. The color of this group was a very dark brown.

Another group was given a great deal of free will but still remained connected to Source. This group was seen as brown with a gray tint. These souls were still in the process of choosing whether they wanted to stay in the light or go completely dark. Jamie explained how she saw that these were the people who were frustrated by their

lack of control on this planet, with many who chose to use hard drugs and alcohol to cope with their powerlessness. Another group was brown with a green tint, and these souls were completely ignorant to the destruction they caused others, so therefore, needed our compassion.

The souls who remained most connected to Source were pure white. Others with varying degrees of free will were pale colors—blue, green, yellow, etc. She explained how the groups with the most free will (she called them the “Brownies”) were here for a couple of different reasons. One was as a test to see how far into the separateness souls would go before they turned back to Source—all eventually would. The second was to teach the souls who still remained connected to Source.

The Brownies helped to create suffering on this planet. Only through suffering would light beings learn compassion, forgiveness, and unconditional love, which in turn, created growth. The whole point was simply to collect experience. When I asked how Jamie could deal with the injustice in the world, she said, “Have compassion for those who can’t do better—they are not meant to. Forgive self and others. Everything that has happened was meant to happen, and there are things we wish



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would happen that will not, because they are not part of the plan. Trust the Divine Consciousness more than the human mind. Trust that all is in alignment. The acceptance of what is will bring peace.”

Jamie’s Higher Self went on to explain how the Brownies would sometimes latch onto light beings in a subconscious desperation to return to Source. She said, “When this happens, go into the heart and breathe in light from your Consciousness group. Make the

connection strong and ask for help.” I asked her Higher Self if the technique from *Living in the Heart* by Drunvalo Melchizedek would be beneficial, and was told yes. I highly recommend this book to everyone. ■

*If you would like to take a look behind the veil and reconnect with your true Source, call or e-mail Tara to book a session. Accessing the Higher Self can provide answers to questions, restore health to the body, and impart overall well-being. Namaste!*

*Lift the Veil*  
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