

SWEDISH POLLEN EXTRACT

BOOSTS CELLULAR ENERGY FOR OPTIMAL VITAL FORCE

Christopher Rudy

Nature's most 'perfect food,' at the source of the food chain, is the richest source of RNA/DNA genetic material for genetic rejuvenation.

Thousands of years ago, it was worth its weight in gold to Chinese emperors. Today, doctors use it in drip IV's for immunotherapy after chemo and radiation wipes out the immune system. Those who love natural life can now consume this 'UltraFood' as the ounce of prevention worth a pound of cure.

This is the true story of nutraceutical grade 'royal jelly.' A Swedish bee-keeper and his team of researchers pioneered a process for harvesting select pollens that have the ideal micronutrient profile for humans. Then they developed a way to extract the rich nucleic material from the extremely hard shells of microscopic pollen grains. They learned how to use live enzymes to predigest the complex RNA/DNA molecules to make them easily assimilable and non-allergenic.

This is a process called 'biomimicry' that mimics what the bees do to make royal jelly, one of the miracles of nature that creates a "super bee" (queen) when fed to a bee larvae that would otherwise be just another worker bee.

Many people confuse bee pollen with royal jelly, but that's like comparing a bicycle to a racecar. Bee pollen is clumps of microscopic pollen grains stuck together with sweet flower nectar that the bees make into honey. Royal jelly is what the bees suck out of a tiny hole in the microscopic pollen shells, the 'UltraFood' for creating queen bees that grow much larger and live much longer, laying thousands of eggs per day.

Bee pollen is highly allergenic to many people. It is graded by the level of infestation by fly eggs, rodent dung and bacteria that feeds on the sweet nectar. The 'rush' that some people feel with bee pollen is actually a toxic shock reaction.

Even if you have good digestion, only 1-3% of the nucleic material inside the tiny bee pollen shells is ever assimilated. But that is where the nutritional 'gold' is.

It is well documented that one of the longest living tribes in the world, where centenarians were common,

was the remote Hunzakuts in the mountains of Asia. Their elders lived past 140 years, fathered children in their 90's and were bee keepers who saved the precious royal jelly for themselves, family and friends.

World Boxing champion, Cassius Clay, trained on Swedish Pollen Extract. Likewise, the Swedish Olympic Team for Power-Lifting won the gold medal, as did Swedish long-distance runners, after training on this Pollen Extract.

The year before the 1984 Olympics, I supplied the U.S. gymnastics coach, Bela Karolyi, with Swedish Pollen Extract. He was looking for a new source since defecting from Romania where he trained gold medalists Nadia Comaneci and Olga Korbut on this UltraFood. After Karoly trained **Mary Lou Retton** and Julianne McNamara on the Pollen Extract, their stamina and recovery time increased dramatically, bringing home the U.S. gold. It's not surprising that Coach Karolyi said, "I firmly believe Pollen Extract is the ultimate food supplement in sports nutrition."

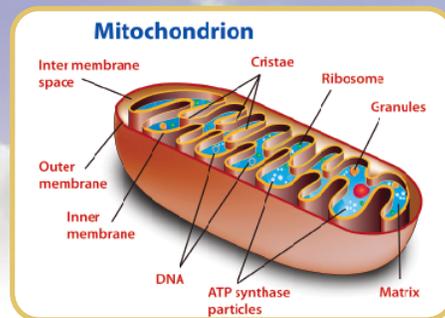
Your body is a community of 50 trillion cells, each with a unique mitochondrial structure that produces 95% of cellular energy. That's why the mitochondria are the cellular power stations that are as important to our life as electrical power stations for our homes.

The general consensus among researchers is that mitochondrial dysfunction plays a central role in nearly every degenerative disease. For optimal regeneration, the rich RNA and DNA genetic material in Swedish Pollen Extract is 'royal food' for your mitochondria.

By boosting cellular energy, this 'UltraFood' is like anti-aging rocket fuel for the immune system, directing vital force for homeostasis and healing that adapts to higher levels of vitality as physical health, mental clarity and a soaring spirit.

Chinese emperors prized royal jelly for its ability as a natural Viagra, to service their dozens of concubines. Today, Swedish Pollen Extract has huge markets in Europe and Asia for sexual dysfunction, low sperm counts, prostate health, and for bolstering the immune system in general. ■

More information and ordering at UltraMedServices.com or at local health food stores. Christopher Rudy is the founder/CEO of UltraMedics Services in Paradise Valley.



SOUL SOARING: A HEALING PROCESS

Networking for the Net Worth of a More Enlightened Net Reality

Christopher Rudy

'Processing' is how you get it—or otherwise 'connect the dots'—through pure intention, focusing attention with love's retention for conscious ascension, in the same freedom-loving dimension that sparked the American Revolution with 'Common Sense.'

Just as Tom Paine sparked the American Revolution with 'COMMON SENSE,' so is global conscious rEVOLUTION, (emphasizing 90% of the word) a natural healing process that involves multiple 'dimensions' of common sense:

**We are what we believe, spiritual processing,
having become what we believed.**

**We are what we think, mental processing,
having become what we thought.**

**We are what we feel, emotional processing,
having become what we felt.**

**We are what we do, physical processing,
having become what we did.**

This is conscious evolution 'processing' which involves and evolves our individual and collective common sense as the Family of Man in our ALL-connected global village of instant-everywhere and interactive Internet capabilities:

**In the soul's journey of eternal progression,
Spiritual laws govern, without exception.
One's soul knows, with humble confession,
The invisible hands of divine intercession.**

This 'processing' with our beliefs, thoughts, feelings and actions is an endless loop of opportunity that 'recycles' one's consciousness in the larger scheme of the eternal progression of the soul. What goes around comes around for both this life and all incarnations of the soul into flesh... ideally with the spirit that matters on Earth as in Cosmos:

**We get what we ask for in the larger scheme
of cause and effect that only love can redeem.
As goes around comes around, sooner or later,
and this cosmic law applies for lover or hater.**

Whether we frame the conscious healing process with science or religion, there is a cycle of cause and effect, action and reaction, stimulus and response whereby we reap what we sow. This is the process of the 'Creator': Earth is a platform for the evolution of souls. There are lessons to be learned here. There's nothing 'extra' about 'Effective Sensory Perception' when we co-Create it. ☺

**By perspiration we strive to optimize aptitude,
By inspiration we rise up with better attitude,
By grace we soar to a much higher altitude.
As each soul ascends, it uplifts the multitude.**

Healing the global crisis in consciousness today is to heal our core social, political and economic conundrums. Effective Sensory Perception connects all souls soaring on thermals of grace. As each soul soars, it lifts the veil for all other souls. This evolutionary ascent process is now surging with the 25,920 year galactic alignment, optimizing the ultimate win/win with 'Co-Creation as Soul Soaring.'

**Global evolution is the revolution beginning.
The vision alone is a cause for much grinning.
Cherish this time as the veil is now thinning.
Hell may be disturbed but heaven is winning.**

Every scientist that looks deeply within the universe, and every mystic that looks deeply within the self, eventually comes face-to-face with the same fundamental order of the universe that spirals the intelligence of the Creator into our hearts and minds. This is 'processing' at the highest level:

**Ready or not, there are options now revealing
Choices to be made that are quite appealing.
Mysteries are unveiled, no longer concealing,
Soul soaring with new opportunity congealing.**

As 'co-Creators' on Earth as in Cosmos, we spiral upward in a conscientious way to the extent we process the 'stuff' of our spiritual, mental, emotional and physical creation. This is the 'natural law' that inspired U.S. Founders with the same freedom in fearless faith as inspires global rEVOLUTION for all of 'US', United Sovereigns of Earth:

**There are rules whereby Creator's intention
Is self-evident to those who focus attention
Above as below with Great Love's retention,
Wising up to rise up; conscious ascension
In a unified field of co-Creation dimension.**

"Congratulations! You are among a select group of souls who won the lottery to be here, on this planet, at this time! The prize not only ensures you a front row seat, but also the unique opportunity to co-Create the future of the human race. This is a time to remember."

— Christine Page, M.D.,
author of '2012 and The Galactic Center'

Christopher Rudy is publisher of the Heartcom Network, and has produced and hosted the BBS Radio Internet Show, 'Cosmic Love' for six years. Visit HeartCom.org.

Back in 2000, Christopher Rudy conceived the idea for this magazine—a health resource directory for our region. I bought the rights to Natural Life News & Directory in 2003. Christopher has since created the Heartcom Network, excerpted here, a blog to help connect "enlightened netizens." —EDITOR