



Editorial—

The Hidden Cause Behind the Repeated Mass Killings?

Whenever there is another mass shooting, our collective hearts break once again, but is there a common, underlying cause that is being overlooked—or deliberately hidden? What is this “elephant in the room” being ignored? It could very well be the side effects and/or withdrawal effects of the psychoactive drugs that many (if not most) of these shooters were under the influence of at the time of their psychotic reactions.

Particularly in question are a class of antidepressant drugs, like Prozac, Paxil and Luvox, which are *Selective Serotonin Reuptake Inhibitors (SSRIs)*. The published side effects of these include:¹

“Anxiety, agitation, panic attacks, insomnia, irritability, hostility, impulsivity, akathisia [severe restlessness], hypomania [abnormal excitement] and mania [psychosis characterized by exalted feelings, delusions of grandeur, and overproduction of ideas] have been reported in adult and pediatric patients being treated with antidepressants.”

Luvox, Paxil and other antidepressants also made the top-10 list of violence-inducing prescription drugs in a report from the *Institute for Safe Medication Practices*, which was based on data from the FDA’s *Adverse Event Reporting System*.¹

The report from *Psychiatric Drug Fraud* goes on to cite 13 mass shootings where it was confirmed that either the killer was using these drugs or had recently gone off them. (Adverse reactions are particularly striking with abrupt withdrawal, but this phenomenon is not studied by the drug companies.)²

A recent report by Dr. Joseph

Mercola cited a review of an old study and bringing into question the data on Paxil, finding it no more effective than the placebo, yet with an increase times 10.3 in the likelihood of suicide. He also noted in his article, *“Reanalysis Confirms Long Held Suspicions—Paxil Is Unsafe and Ineffective for Teens,”*² that the data was mislabeled and misrepresented in the original study and then this faulty information (whitewashing its dangers) was cited in 334 subsequent studies as proof of the drug’s effectiveness and harmlessness. So much for drug companies, or the FDA, policing themselves!

Filmmaker Michael Moore, who directed the documentary *Bowling for Columbine*, has said this, following his extensive look at the Columbine tragedy:

“We never really came up with the answer in terms of why this happened. None of it really made any sense. That’s why I believe there should be an investigation in terms of what prescribed pharmaceuticals these kids were on. It just would be shocking to the millions of parents, who prescribe these for their kids, if it was finally explained to them, if this is the case, that this perhaps occurred for no other reason other than because of these prescriptions. How else do you explain two otherwise decent kids, very smart, no history of violence—why them? Why did this happen? It’s an extremely legitimate question to pose and it demands an investigation.”³ ■

—Denis Ouellette, Editor

References:

- 1) PsychiatricFraud.org/2011/04/the-real-lesson-of-columbine-psychiatric-drugs-induce-violence/
- 2) Mercola.com (Search by his article title, above.)
- 3) <http://www.cchrint.org/videos/videos-welike/michael-moore/> (Website: Mental Health Watchdog. Note: Video has been removed.)

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