



The Feng Shui of—

# Thanksgiving

Michele Lewis,  
CFSP



**GRATITUDE CAN TRANSFORM common days into thanksgivings, turn routine jobs into joy, and change ordinary opportunities into blessings.**

—WILLIAM ARTHUR WARD

**T**hese words remind me of how powerful our thoughts and feelings are and how they affect our view of others, our environment, and ourselves. In Feng Shui, our personal and world views have an enormous impact on the energy that we create internally and externally for our homes and ourselves.

We can follow all the Feng shui “rules” regarding placement and use of space, but still not achieve the desired effect. There can be multiple energetic causes for problems in an environment, but attitude can have a profound effect on the efficaciousness of whatever we may do to change the energetics in a particular space or aspect of our lives.

If we wish to achieve greater satisfaction in what we do and how we live, having an *attitude of gratitude* for what the universe has already given us will get things moving in the right direction much faster and will greatly enhance whatever we do to adjust the energy level and transform *qi*.

There are nine life aspects (see previous articles for in-depth descriptions) that are described in the Feng shui *bagua* “map.” Each of these aspects has a particular energetic quality that can be physically enhanced using elements, colors, shapes and objects. But what effect does our emotions and thoughts, our gratitude for what we have received in our lives, have on these life experiences?

Let’s start with family, children and relationships on the bagua map. Being grateful for having those we love in our lives generates compassion, kindness, and loving family relationships.

In the wealth area—and this is a big one—being thankful for what we have and what we have been given acts like a “prosperity magnet” bringing to us what we need, when we need it. In the helpful people area, expressing gratitude for those who have assisted us—seen and unseen—invites more grace and help into our lives.

The three areas that represent us becoming true to ourselves and our goals—fame, career, and self-cultivation—honors the Light within when we acknowledge and appreciate our own efforts to be who and what we truly are inside, which is what life—in all of it’s aspects—is *really* about. Being grateful for who and what we are, and for those who have helped us all along the way sends ripples of good *qi* out into the world.

A very *Happy Thanksgiving* to all, and many blessings in the upcoming *Holiday Season!* ■

*Trained in China and the US, Michele Lewis is a Certified Feng Shui Consultant and has been a Feng Shui professional since 1998 and is available for consultations on-site or via phone. By using the timeless principles of the art and science of Feng Shui, Michele can help you bring balance and beauty to every aspect of your life. She is also a Certified Qigong Instructor of Ling Gui Healing Qigong School, Liu Dong’s Method. Michele can be reached at (406) 582-5724 or taodesigns@ymail.com.*

