

TECHNOLOGY: *A Tool for Natural Healing*

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When we think of natural healing, our minds turn to centuries-old products and methods. Technology isn't usually at the top of our list.

"But technology is a wonderful natural health tool," says Carol Wilcock, RN, the CEO of Dynamic Health Technologies (formerly Universal Health Connection) in Helena and Missoula. "At its best, it saves time and effort. Just look at how convenient it is to access email on your cell phone, or think of

a good blood supply, and good circulation. We need to be hydrated. And our bodies need to repair after injuries. These are things my colleagues and I focus on every day, and we depend on technologies to speed healing."

One such technology is EECP®, which stands for External Enhanced Counterpulsation. EECP is a safe, non-invasive, FDA-approved outpatient treatment for those with ischemic heart diseases such as angina and heart failure. EECP therapy has helped hundreds of thousands of patients around the world. According to clinical studies, over 75% of patients benefit from EECP treatment with sustained improvement lasting up to three years post-treatment.

"EECP was originally designed to improve blood supply to the heart," says Wilcock, "but it does the same for other organs, too. Its circulatory benefits are like three years of exercise in less than two months. Some of our clients were referred by the Mayo Clinic as we are the closest EECP facility to many in this area."

Another popular technology is hyperbaric



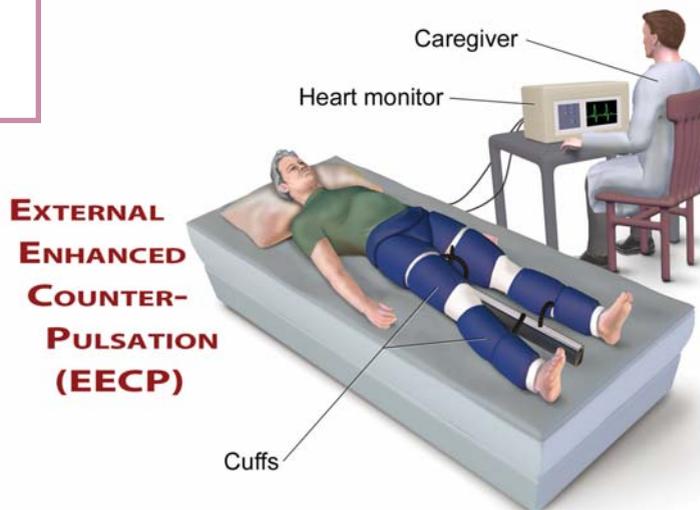
HYPERBARIC OXYGEN THERAPY (HBOT)

FDA approved medical device used to manage neuromuscular conditions, enhance healing of diabetic wounds & promote healing after trauma or stroke. (Vitaeris, soft chamber)

the difference between communicating by e-mail and snail mail. Or the difference between using a blender and a hand grinder, or using a washing machine rather than a river and a rock.

"We still work and prepare food and clean and wash, but we do it faster and more efficiently thanks to technology. In the same way, we can use technology to accelerate our bodies' natural healing."

Wilcock focuses on what the human body needs and what individual clients need in order to become or remain healthy. "For example," she says, "we all need to be toxin-free and free from infection. We need to know how to manage stress and pain. We need a good oxygen supply,



"The Natural Bypass" vastly increases circulation to the body's vital organs, FDA approved for heart disease & angina. Also used for renal failure, lung disease, etc.

Wilcock describes Dynamic Health Technologies as a corporation devoted to improving health rather than focusing on specific disease processes. “We refer lab work and diagnostic procedures to other facilities,” she says. “Our clients are active participants in our treatment

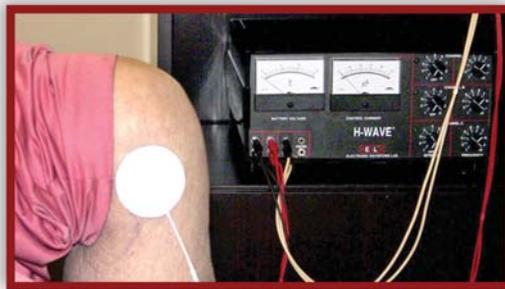
programs, which focus on the whole person. Our clinics are run by doctors, nurses, and technicians, and our clients range from small children to the elderly and everyone in between. Our goal is to help people improve with the use of affordable technologies that accelerate the body’s natural healing processes.”

Dynamic Health Technologies’ Missoula office opened in 2013. “The Missoula clinic was originally designed

oxygen, in which the client lies in an inflated chamber. “Hyperbaric oxygen stimulates stem cells, which are your body’s own little healers,” says Wilcock, “and it has an anti-inflammatory effect. Ours is a mild hyperbaric chamber. It doesn’t have the risk that high-pressure chambers do, but we’re still supplying a great deal more oxygen to the tissues and this speeds healing.”

The H-Wave device, another health technology, enhances circulation and fluid shifts, which reduce inflammation and speeding up soft-tissue repair. Adhesive pads are applied to the skin and attached to the H-Wave machine, which produces muscle contractions through ultra-low frequency and high-frequency stimulation. “This one is like three weeks of physical therapy in about an hour,” she says. “The H-Wave doesn’t replace good physical therapy, so if you’re recovering from an injury you still need the exercises and stretches that help repair the entire body; but the H-Wave can target a specific tendon, ligament, or muscle for accelerated healing.”

Stress management is an important part of natural healing, and Dynamic Health Technologies’ primary stress management tool is biofeedback. “This isn’t just because we all have what might be called psychological or emotional stress and a large to-do list,” says Wilcock, “but physical trauma, infections, toxins, and genetic predispositions all contribute to stress that affects health. Our biofeedback technology addresses a wide variety of stress-producing issues.”



Rhythmic, non-fatiguing muscle contractions to enhance movement of blood & lymph, reduce pain & promote healing.



Biofeedback identifies imbalances & restores homeostasis.

Helps to reeducate muscles, Reduce stress & manage pain.

as a spa,” she says, “so it has a naturally healing atmosphere. We would like to continue to expand and gradually, over time, we hope to add new technologies and new locations. Our motto, ‘*Where every day is a better day,*’ describes our philosophy well.” ■

Dynamic Health Technologies has clinics in Helena and Missoula. See back cover for more information on accessing these technologies. For an appointment and a free consultation, in Helena, call (406) 431-7332; in Missoula, call (406) 926-1751. Visit UniversalHealthConnection.org for more information.