



Are You Getting Enough Healing Energy from the Earth's Electric Field? Here's Why You Need It...

The human body is an electrical machine. The normal human body fires three billion electrical impulses per second to run all systems. If the electric impulses are weak or insufficient the body gets sick. If the electric-field pulses do not start at a high enough energy to complete their job, the deprived body suffers poor health, does not heal quickly from injuries, and ages faster. The earth's electric field is our main source for these impulses, but for many of us, contact with the earth's energies is limited. We spend too much time indoors and in our cars, insulated and blocked off from this healing source.

We all know the usual prescription for good health: a balanced diet with lots of fruits and vegetables, regular exercise, and no smoking. What's new is our understanding of the body's need for these electric-field energies coming naturally from the earth's atmospheric electric field. This is clearly evident at healing sites throughout the planet where these fields are strongest.

Consider the following medical facts:

- * New and impressive medical evidence suggests that spending time outside in the earth's electric field is beneficial, and may prevent cancer, protect against heart disease, and ward off a long list of disorders, such as multiple sclerosis, rheumatoid arthritis, diabetes and gum disease.
- * In 1980, Dr. Cedric Garland of University of California San Diego and his brother, both epidemiologists, published a groundbreaking study showing that rates of colon cancer were about

twice as high for people who stayed mostly inside in the northeastern United States compared to the "outdoors" people of the South.

- * Researchers have now identified at least 18 types of cancer that are more common among people who spend about 95% of their lives indoors (modern western humans), including such common ones as breast, lung and prostate cancers. They've learned that prostate cancer typically strikes men who work indoors four years earlier than it occurs among men who work outdoors.
- * A study at Harvard found that mortality rates were 40 percent higher among lung cancer patients operated on in the winter than among those who had surgery in the summer (when people spend more time outside). Another British study found that survival rates are highest among cancer patients diagnosed and treated in the summer.
- * In Canada, patients with chemotherapy who spent more time outdoors had fewer side effects and developed fewer blood clots, or other serious complications from treatment, than those who spent most of their time indoors.

Meanwhile, the list of diseases correlated for indoor vs. outdoor time, keeps growing and includes some of the most troubling illnesses, such as those that occur when the immune system mistakenly perceives the body's own tissues as a threat to health and begins producing antibodies to attack them:

- * Multiple sclerosis. The disease is rare in regions close to the equator, where people spend more time outside.
- * Rheumatoid arthritis. In Iowa, of the nearly 30,000 women age 55 to 69 followed for 11 years, those who spent more time outside were the least likely to develop rheumatoid arthritis.
- * Gum disease. People who spent more time outside were 20% less likely to experience gum bleeding than people who did not.

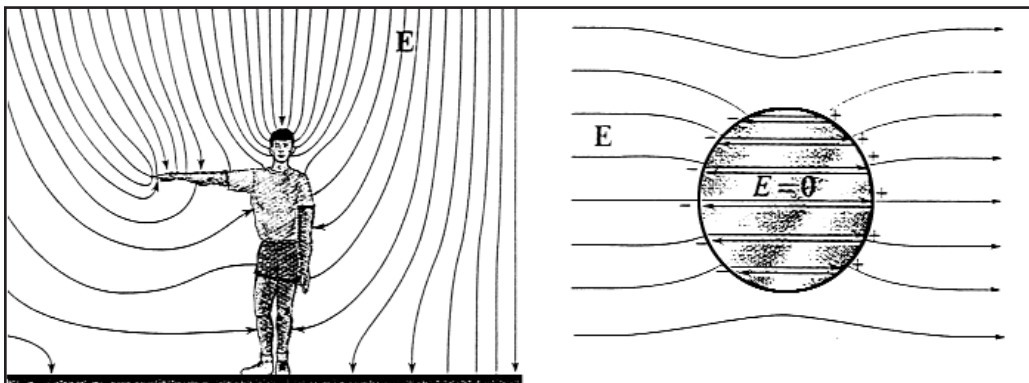
Longevity Studies. Vast differences of life expectancy reported by Harvard's Christopher Murray and his co-workers in the September 2006 edition of PLoS Medicine. Outdoor people lived four years longer, and with better health, than indoor people. [PLoS-Public Library of Science]

Now consider the following natural occurrences:

- * Most all dogs prefer to ride in cars with their heads out the window, or riding in pickup beds, as this gives them more of the earth's atmospheric electric field (AEF) as the car insulates those inside from the AEF. Same reason people love

riding in convertibles. Same reason for riding motorcycles without helmets. Animals and plants naturally seek the strongest AEF available.

- * Plants and trees grow "up," rather than sideways, seeking more AEF energy.
- * The atmospheric electric field increases 100 volts per meter of elevation upwards toward the earth's ionosphere. This is why people love mountain hiking. The greater electric-field energy is why successful health and rehab centers are located in the mountains, and why injury and illness recovery is faster with outdoor time. Hospitals might think of this—along with having windows that open!
- * Skiing and other fast outdoor sports give people more energy density as they cut through the lines of electric force in the earth's AEF.
- * Going barefoot feels good, as the body is grounded creating a superior path for the electric-field energy to boost the body's inherent healing powers. Classical Tai Chi was always practiced outside barefoot for the same reason. Tai Chi postures form an antenna for the electric field.



Person standing outside in the earth's atmospheric electric field (AEF). Electric field lines are always perpendicular at the point of contact with an electrical conductor, of which the human body is a good one. If the earth's electric fields were in the visible range, you would see a rainbow-colored forest of electric field lines shooting out of the ground, enveloping people, animals and plants everywhere, stretching up to the ionosphere. All living things have evolved and developed within this beneficial life-supporting electric field, and we need it every day for good health. An almost zero earth electric field enters metal cars or trucks, trains and planes, aluminum-sided homes, etc. (represented by the circle) and is diminished under power lines, etc. The atmospheric electric field cannot reach the inside occupants at full strength. Without this electric field effect, your body gets "sick" because it does not have access to the earth's life-force energy (called "chi" in the orient) it needs to efficiently heal itself, maintain daily health and the immune system, or age in a healthy manner. Can't get outside enough?—Then bring the outside indoors by sleeping on a Nyvatex Health-Mat that recreates this essential electric field.

- * Feng Shui attempts to maximize entry of the AEF into the interior of rooms. Acupuncture needles also form antennas concentrating electric fields at insertion points on the body.
- * Therapeutic touch and massage concentrate the healing electric-field energy of the practitioner through the client. *Tai Chi*, *QiGong* and breathwork use breathing exercises to increase the body's intake and flow of oxygen and *chi* (*Qi*), or electric-field energy.

- * Dogs and most small animals curl up when sleeping outside for many reasons, one of which is to form a better receiver of the earth's AEF. When sleeping indoors they may stretch out more than curl.
- * Animals in zoo cages with limited movement develop equivalent human chronic degenerative diseases. Animals in open "safari parks" where they roam free outside in the earth's AEF do not.
- * Arthritic joints "ache" with approaching storms. Approaching storms increase the AEF. Increased AEF causes the healing response of "aching" and "tingling."
- * Power lines and steel towers "short out" the AEF around them. Those who live under or near power lines are deprived of the earth's healing AEF and are generally weaker than others who do not. The same is true (but to a lesser degree) for those who live in houses surrounded by trees that are taller than the house. Also for those who

live in aluminum-sided trailers or houses.

CAN'T GET OUT FREQUENTLY? BRING THE OUTDOORS INSIDE!

A simple way to get a superior equivalent of the earth's beneficial atmospheric electric field is to sleep nightly on the Nyvatex Health-Mat™. Sleeping (or sitting) on the patented Nyvatex Health-Mat, provides the body with stronger earth-equivalent electric-field energy.

It has been shown in a national university's biotech laboratory test to improve immune system function by 55%. All the user has to do is sleep on it to gain benefits superior to being outside frequently or visiting earth high-energy healing sites. Large and small pets recover quickly from injury using the health mat. You will notice dogs and cats seeking out their owner's Health-Mat for sleeping. ■

For more information, visit the Nyvatex web site at www.health-mat.com.

"The Healer's Helper"™

"I was astonished and amazed to find this Nyvatex Health-Mat created such a dramatic turnaround in so many of my patients' health." —Marilynn Snow Jones, DC, Woodland Hills, CA

"I started waking up with no aches or pains... My insomnia is all but gone... now metabolizing calcium three times faster... clients on my [kinesiology & Reiki] treatment table, lying on Nyvatex Health-Mat, are responding dramatically quicker and deeper, my work goes in faster. My burned finger wrapped in the health mat responded by turning red, did not scar or blister as in the past. I never want to be without it! A wonderful invention!" —Mary Adams, Reiki Energy Master

"I am a 53 year old woman, with 3 years on the Nyvatex Health-Mat. My bone density test just came back. I have the bones of a 26 year old!! Osteoporosis runs in my family, and I don't have it! I owe this to the Nyvatex Health-Mat. Thank you so much for a great product (with no side effects)!!" —Sheila K., Los Angeles, CA

"One patient states she never slept well in her life, until the Nyvatex Health-Mat. The first night she slept 'right through' and has continued ever since. The pain in her arthritic right hand is now gone. Another patient could only sleep an hour or two at night. On the Nyvatex Health-Mat for three weeks, he now sleeps through the night." —Joe Shaw, MD

NYVATEX HEALTH MAT™ Boost Your Natural Immunity!

Join the thousands who have gained & maintained health the natural way—no drugs, no magnets, no batteries, no electric plugs. Many users have gained scores of benefits, including: faster injury recovery, 55% immune system boost (university lab-proven), osteoporosis help, deeper & more refreshing sleep, and more. See website for more products, testimonials & order form. Call us to order today!



PATENTED
NATURAL
ENERGY
EFFECT
#5,782,875

Health & Healing Energy Sleep Mat

24" x 42" ~ \$225.00 +shipping

(Other sizes & book available)

Now features lighter
weight & increased
natural energy effect


"My wife and I (and our two kids) have been sleeping on the health mats for years now. I was suffering from constant pain in my wrist, forearm and shoulder from too much computer work. This pain has cleared up now. My wife has shown good overall health improvement. Our cat loves it. We've not had colds and are doing well. I rely on it to sleep better and I wake up refreshed. Nyvatex has something great here!"

—Denis Ouellette, Editor,
Natural Life News & Directory

406-252-3429 • www.nyvatex.com • nyvatex@nyvatex.com

JOHN C. LEDBETTER, INVENTOR & CEO, NYVATEX HEALTH MAT
3021 6TH AVE. NO. • P.O. BOX 1835 • BILLINGS, MONTANA 59103-1835

JOHN C. LEDBETTER is CEO of the Nyvatex Oil Corporation in Billings, Montana. He graduated from West Point in 1957, and served as an officer in the Army's Air Defense Missile Command. After eight high-tech years on Wall Street, he traveled extensively to test his proprietary oil-finding inventions based on earth's radiation patterns. He began to see the health implications of his experiments with chaos mechanics (deep-pattern non-linear dynamics) for oil and gas exploration. He applied his understanding to answer the confounding question, "Why are some people usually healthy no matter how they abuse their health, while others are sickly no matter how virtuously they take care of their health?" He noticed defined population areas with generally good health and others with poor health. He figured the difference had to do with where and how they lived. His work with earth radiation patterns to locate subsurface oil provided the central clue, which led to the



" I sleep here."

HOW THE NYVATEX HEALTH-MAT™ WORKS

The Nyvatex Health-Mat generates the natural earth-equivalent electric field by triboelectrification—a process of electric charge separation that involves the rubbing together (friction) of dissimilar material surfaces. The triboelectric series is a classification method in electric theory for creating an electric field by friction rubbing. This patented design creates a natural electric field equivalent to the earth's electric field. The detailed physical mechanism in triboelectrification is a long unsolved problem, even with modern-day physics. ("Triboelectrification" is from the Greek word "tribo" [rubbing] and the English "electric") The Nyvatex Health-Mat provides a solution and is the first practical patented tool employing this phenomenon. This patented discovery was to make it equivalent to and boost the earth's natural electric field, in which the human body thrives. No magnets, chemicals, drugs, batteries, or electric wires are used in the Nyvatex Health-Mat.

development of his health-mat. His theories connect the Eastern *chi* therapies with Western electric-field science, considering these two energies to be one and the same—a healing force now easily accessible through the Nyvatex Health-Mat.