



THE WORLD'S MOST NUTRITIOUS PLANT!



A PERFECT FOOD!

Moringa was recognized by the NIH as the **Botanical of the Year**. It is valued worldwide for its full-spectrum nutritional bene-

fits. It has stopped malnutrition in the poorest nations. **But what about us here** in our overfed but undernourished cultures, **"starving"** due to devalued and highly processed foods—struggling with the degenerative results of unhealthy diets and lifestyles?

Contains Over 90 Verified Nutrients:

- 28-Isoavenasterol
- 4-(Alpha-L-Rhamnosyloxy)-Sen
- 4-(Alpha-L-Rhamnosyloxy)-Ben
- Alanine
- Alpha-Carotene
- Arginine
- Arschidic Acid
- Aspartic Acid
- Behenic Acid
- Beta-Carotene
- Beta-Sitosterol
- Biotin
- Brassicasterol
- Caffeoylquinic Acid
- Calcium
- Campestanol
- Campesterol
- Carotenoids
- Chlorophyll
- Cholesterol
- Choline
- Chromium
- Clerosterol

- Cobalt
- Copper
- Cystine
- Delta-7 & 14-Stigmastanol
- Delta-5-Avenasterol
- Delta-7-Avenasterol
- EFA Omega 3
- EFA Omega 6
- EFA Omega 9
- Ergos tadienol
- Fiber
- Flavonoids
- Flavonols
- Fluorine
- Folate (Folic Acid)
- Gadoleic Acid
- Glucosinolates
- Glutamine (Glutamic-Acid)
- Glutathione
- Glycine
- Histidine
- Indole Acetic Acid
- Indoleacetoneitrile
- Iodine • Iron
- Isoleucine
- Kaernpferal
- Leucine
- Lignoceric Acid
- Lithium • Lutein
- Lysine

- Magnesium
- Manganese
- Methionine
- Molybdenum
- Myristic Acid
- Neoxanthin
- Niazimicin
- Niaziminins A & B
- Niazinin A
- Niazinin B
- Oleic Acid
- Palmitic Acid
- Palmitoleic Acid
- Phenylalanine
- Phosphorus
- Potassium
- Prolamine
- Proline
- Protein
- Quercetin
- Rutin
- Selenium
- Serine • Silicon
- Sodium
- Stearic Acid
- Stignasterol
- Sulfur
- Superoxide Dismutase
- Threonine
- Tryptophan
- Tyrosine
- Valine • Vanadium

All this for \$3/day!

- Violaxanthin
- Vitamin A
- Vitamin B (Choline)
- Vitamin B1 (Thiamin)
- Vitamin B12
- Vitamin B2 (Riboflavin)
- Vitamin B3 (Niacin)
- Vitamin B6 (Pyridoxine)
- Vitamin C (Ascorbic-Acid)
- Vitamin D
- Vitamin E
- Vitamin E (Alpha Tocopherol)
- Vitamin E (Delta Tocopherol)
- Vitamin E (Gamma Tocopherol)
- Xanthins
- Xanthophylls
- Zeatin • Zeaxanthin
- Zinc • Zirconium

Contains 539 Medicinal Activities:

Here are just a few of the biochemical actions that Moringa performs for the body:

Antiulcer (9), Vasodilator (9), Hypocholesterolemic (14), Antitumor (10), Cancer-preventive (19), Pesticide (13), Antiviral (9), Hypotensive (9), Diuretic (8), Fungicide (8), Antiseptic (7), Hepatoprotective (7), Anti-asthmatic (6), Antiparkinsonian (7), Laxative (5), Antiatherosclerotic (6), Anxiolytic (6), Hypoglycemic (5), Antiherpetic (6), Anti-histaminic (5), Antirheumatic (5), Antifatigue (5), Antimenopausal (4), Sedative (4), Antiprostatic (4), Antidepressant (8), Cardio-protective (8), Anti-osteoporotic (5)...

and 345 more!

Ask for Dr. Duke's Phytochemical and Ethnobotanical Database with list of all 539 medicinal activities of Moringa.

- All Needed Vitamins & Minerals
 - All the Essential Amino Acids
 - Rich in EFAs: Omegas 3, 6 & 9
 - 46 Antioxidants & 36 Anti-inflammatories
- 4x the Calcium of Milk**
4x the Vitamin A of Carrots
2x the Protein of Yogurt
7x the Vitamin C of Oranges
3x the Potassium of Bananas

for Nutrition, Energy, Weight Balance

TRIAL-PACKS ~ \$24

Denis Ouellette

Independent Zija® Distributor

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Get Your Body Back!

Zija® Weight Balance System  INDEPENDENT DISTRIBUTOR

SAFE • ALL-NATURAL • NO DIETING • IT WORKS!



Laura Bolduc

MAR-31-'11

OCT-20-'11

MY MIND & BODY TRANSFORMATION!

I own a salon in a small Montana town and am the single mom of a college student. Although I played numerous sports as a teenager and was a championship swimmer, I have been overweight all my life. I never really tried to lose weight because I didn't believe I could! But I was **sick of being tired and in pain, so I decided I was ready**, but I definitely needed some help. I remembered some Zija samples I had received and tried the XM-AM caps and sipped on the Premium Tea in the evening, along with the daily Smart Mix. As the first week rolled by, I didn't even notice any effort to control

my evening snacking. I also felt less hungry and stressed during the day.

What I did notice was a stunning amount of good will and the sheer pleasure of being alive! My outlook on life was positive and bright—even before I started to lose weight! Then my clothes started to look like they belonged to someone else. After five months, I had **lost 5 pants sizes**. Dramatic weight loss is still happening. **I'VE NOW LOST 75 POUNDS** without exercise or change in my diet. But I've also noticed other positive changes in my mind and body. Everything is quietly moving in a healthier direction! My eyes are less sensitive to light; my

gums are no longer sore; blotchy and dry skin on my head is gone; rough elbows cleared up; the red discoloration on my legs from bad circulation is gone; my cracked and bleeding heels have healed up!

I used to spend a hundred dollars a month on prescriptions for pain and for sleep, barbiturates for migraines and painful periods, etc. I also had to take stairs one at a

time because of the pain in my knee. I **don't use ANY of those meds anymore!** I no longer need B-12 injections into my shoulder for bicep tendonitis. Random and painful sciatica and back pain have gone away. Mornings were much happier without 2 hours of achy soreness. **I haven't felt this good since I was a teenager!**

For those interested in the feminine cycle and its concerns, I had excellent results. After only 3 weeks on Zija, I had no PMS and my period only lasted 3 days. My cycle was less painful and previously had stretched out to 7-8 days.

Also, for the last 15 years, my sleep has been light and restless. By the first week, I was falling asleep easier. I now wake up earlier and feel more rested.

There's no way to feel all of this and not share it with people. I joined Zija with a Builder System and got started. **I made my investment back in a few weeks.** I started my own business with a small start-up. Along with great support from my team, I'm now fulfilling my dreams of success and financial freedom.

I'd love to talk to you! Call me in Livingston at **406-220-0762**. —*Laura*

As Easy as 1, 2, 3:

1: STOP CRAVINGS, BURN FAT, ENERGIZE!

Zija XM-AM CAPS®

- Boosts Energy & Burns Fat
- Activates Fullness & Metabolism



2: FEED YOUR BODY!

Zija Smart MIX®

- Very Low-Calories w/ High Nutrition
- **MORINGA!** with 90+ Nutrients
- Your Body Repairs & Self-Corrects



3: DETOX & CLEANSE!

Zija Premium TEA®

- Flushes Toxins Released from Fat
- **Renews Blood, Liver, Kidneys, etc.**
- Energizes & Rejuvenates



Let's Get You Started!

\$24 TRIAL PACKS

Denis Cuellette

406-333-4103

MyZija.com/denis



**Build Your Fortune Part-Time
Just by Sharing Your Story!**

YOUR TEAM, TOOLS & RESOURCES ARE HERE